





# HELLO December 2024

"Christmas is not a time nor a season  
but a state of mind."  
Calvin Coolidge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:45 Hymn Sing 10:30 Televised Catholic Service 11:00 Bible Trivia 1:45 Bible discussion Group- Jacob's Ladder &amp; Crossword Puzzle Group game 2:30 Refreshments and Fellowships 3:30 Joy: Christmas with the Tabernacle Choir 6:15 Film: Cleopatra (1963)</p>	<p>2</p> <p>9:30 Morning News 10:00 Aerobics with weights 10:20 Group Challenge Charades (Staff &amp; Resident) 11:00 Doc-The American Experience 'The Radio Priest' 1:30 The Cliffs Holiday Karaoke 2:30 The Monday Funnies &amp; Hot cocoa Bar 3:45 Afternoon Reflection (Word for Day) 4:30 Introduction to American Bluegrass Music 6:15 Film: Don't Tell Mom The Babysitter's</p>	<p>3</p> <p><i>Advent Begins</i> 9:30 Morning News 10:00 Tuesday Mingle 10:30 <i>Prayer Circle with Donna</i> 1:30 U.S.A. Trivia 2:00 Treasures of New York: The Frick Museum 2:30—4:00 BINGO 2:30 Our Oceans - Atlantic Ocean 3:45 Table Reading: Treasure Island 6:15 film: The Day of the Jackal</p>	<p>4</p> <p>9:30 Morning News 10:00 Senior Fitness 10:30 Televised Catholic Service 11:00 Therapeutic Painting Class / or <i>The Ancient Tribes That Settled the Americas</i> 1:30 The Life and work of -The Joy of Rachmaninoff 2:30 <i>Theology 101 w/ Frederick</i> 3:45 West Point Museum   Museum Access 4:00 Afternoon Reflection (Word for Day) 6:15 Film: Blonde</p>	<p>5</p> <p>10:30 - Trip to CVS 9:30 Morning News 10:00 Morning Stretch 10:30 WWI History and Discussion 1:30 Fresh Air or Trivia 2:00 History of the Grand Piano 2:30—4:00 BINGO 2:45 Riddle Me This 3:15 Around The World in 80 Days (ep. 1) 4:30 5 Minute Meditation Breathing 6:15 film: Fiddler on the Roof</p>	<p>6</p> <p>St Nicholas Day 9:30 Body Harmonizing (Stretch Class) 10:30 <i>Feast of St Nicholas Mass with Father Brian</i> 11:30 Mary Poppins, Eliza Doolittle, and Julie Andrews' Oscar 1:45 The Music of Silence with Andrea Bocelli 2:15 Group Puzzles 3:45 Trivia, Trivia Challenge 4:30 Afternoon Reflection (Word for Day) 7:00 <i>The Cliffs Christmas Concert</i></p>	<p>7</p> <p>9:30 Exercise Class 10:00 Maria by Callas 10:30 Instructional Winter Wonderland Painting Class 1:30 The Cliffs Holiday Karaoke 2:15 Riddles &amp; Old Wise Tales with Hot apple Cider 2:30—3:45 BINGO 3:00 Pearl Harbor day Documentary 4:00 Afternoon Reflection (Word for Day) 6:15 Film Twisters 2024</p>
<p>8</p> <p>9:45 Hymn Sing 10:15 Televised Catholic Service 11:00 <i>Live Performance By Broadway Carolers</i> 1:45 <i>Christmas Caroling with Presbyterian Church of Livingston</i> 2:30 Refreshments and Fellowships 3:30 <i>Worship Service with First Baptist Church, Passaic</i> 6:15 Film Flower Drum Song</p>	<p>9</p> <p>9:30 Morning News 10:00 Aerobics with weights 11:00 Movie Trivia Buzzer edition 1:30 <i>Residents Council Meeting</i> 2:15 Let's Learn About Rococo Art Style 3:00 <i>"Scheme" with Debbie</i> 4:00 The Monday Funnies &amp; Hot Cocoa Bar 6:15 Sitcom - Matlock with Kathy Bates 7:00 <i>Visit from the Pioneer Girls of Calvary Evangelical Free, Piano Music, Singing &amp; Socializing</i></p>	<p>10</p> <p>9:30 Morning News 10:00 Exercise with Weights 10:30 Word Game 11:15 Let's Learn About Billy Graham 1:30 Find the Differences Picture Challenge 2:00 Treasures of New York: Historic Homes 2:30—4:00 BINGO 2:45 Let's Learn About Cincinnati 3:15 Table Reading: Treasure Island 6:15 film: The Third Man</p>	<p>11</p> <p>9:30 Morning News 10:20 Senior Fitness 10:30 Televised Catholic Service 11:00 <i>Gingerbread Decorating Men/ Or The Mysteries of Earth's Largest Ocean</i> 1:30 <i>The Life and Work of- Johann Sebastian Bach</i> 2:30 <i>Men's Group with Frederick</i> 2:45 Getting to know you &amp; Hot Cocoa Bar 4:00 Afternoon Reflection (Word for Day) 6:15 Film: Judy</p>	<p>12</p> <p>9:30 Morning News 10:00 Meditation Stretch 10:30 The History of Faberge 11:00 Our Oceans - Southern Ocean 2:00 <i>Live Music with Jay Daniels</i> 2:30—4:00 BINGO 3:15 Around The World In 80 days (ep. 2) 4:30 5 Minute Meditation Breathing 6:15 film: Rebecca (the original)</p>	<p>13</p> <p>9:30 Morning News 10:00 Body Harmonizing (Stretch Class) 11:00 Top 5 Movie Musicals That Worked &amp; 5 That Didn't 1:45 Opera -La Traviata, Anna Moffo and Franco Boniselli 2:30 The Cliffs Holiday Karaoke 3:45 Timeless Trivia 1950's (AC) 4:15 Afternoon Reflection (Word for Day) 6:15 Film: Casablanca</p>	<p>14</p> <p>9:30 Morning News 10:00 Morning Stretching 10:30 Let's Learn About the Corinth Canal 11:15 Word Game 1:30 Fresh Air or Trivia 2:00 Hollywood Collection: William Holden 2:30—4:00 BINGO 3:00 WWI History and Discussion 4:00 Catholic Communion 6:15 film: Leonardo Da Vinci part 1</p>
<p>15</p> <p>9:45 Hymn Sing 10:30 Televised Catholic Service 11:00 Writing Holiday Cards to Family &amp; Friends 1:45 Bible discussion Group-Mary &amp; Martha / &amp; Word in a Word Game 2:30 Refreshments and Fellowships 3:30 <i>Worship Service with Great Shepherd Church, Union Cantata</i> 6:15 Film Stars.And.Stripes.Forever.1952</p>	<p><b>The Cliffs December Bulletin Broad</b></p> <p>Off Campus Trips 12/5 - 10:30 - Trip to CVS (TBA) Christmas Lights Scenic Drive</p> <p>Catholic Communion Saturday's at 4pm</p> <p>The Beauty Salon is open at 10:00 am every Thursday</p>		<p><b>December Birthday Celebrants</b></p> <p>Naomi N -5th Harriet G - 6th Nora Mc-16th Marilyn Mc-21st</p>		<p>Symphonies For The Soul Music Therapy, LLC Music Therapy with Gabrielle suite visits on 12/20/24 At 11:00 am - 12:00pm</p>	<p>Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/and cancellation of trips. Thank you</p>



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>16</p> <p>9:30 Morning News</p> <p>10:00 Aerobics with weights</p> <p>10:20 Group Challenge (Name the Bill of Rights)</p> <p>11:00 AMERICAN EXPERIENCE - Flood in the Desert</p> <p>1:30 On this day in History -</p> <p>2pm <u>Live Music with Richard Stillman Holiday Concert</u></p> <p>3:15 The Monday Funnies &amp; Hot Cocoa Bar</p> <p>4:30 Afternoon Reflection (Word for Day)</p> <p>6:15 Film: Father Figures</p>	<p>17 Wright Brother's Day</p> <p>9:30 Wright Brother's timeline through history</p> <p>10:00 Tuesday Mingle</p> <p>10:30 <u>Prayer Circle with Donna</u></p> <p>1:30 French History: Cluny Abbey</p> <p>2:30 <u>Live Music with Gigi</u></p> <p>3:45 Table Reading: Treasure Island</p> <p>6:15 film: The Unsinkable Molly Brown</p>	<p>18</p> <p>9:30 Morning News</p> <p>10:20 Senior Fitness</p> <p>10:30 Televised Catholic Service</p> <p>11:00 Craft Class (Mitten tree)/ or <u>Solar System: Wandering Worlds</u></p> <p>1:30 On this day in History Reading</p> <p>2:00 What's Inside The United States Naval Academy?</p> <p>3:15 Group Game— Movie Trivia Buzzer edition</p> <p>4:00 Afternoon Reflection (Word for Day)</p> <p>6:15 Film: Serena</p>	<p>19</p> <p>9:30 Morning News</p> <p>10:00 Resistance Bands Exercise</p> <p>10:30 WWI History and Discussion</p> <p>2:00 <u>Brushstrokes art slideshow with Judy Ebright</u></p> <p>2:30—4:00 BINGO</p> <p>3:15 Around The World in 80 Days (ep. 3)</p> <p>4:30 5 Minute Meditation Breathing</p> <p>6:15 film: Leonardo Da Vinci part 2</p>	<p>20</p> <p>9:30 Morning News</p> <p>10:00 Morning Stretching</p> <p>10:30 History of Louis Comfort Tiffany</p> <p>11:00 Word Game</p> <p>1:30 Science Trivia</p> <p>2:00 Let's Learn About the 12 Days of Christmas</p> <p>2:30 Our Oceans - Pacific Ocean</p> <p>3:30 Table Reading: The Four Agreements</p> <p>6:30 <u>Live Musical Entertainment John S. Cosentini</u></p>	<p>21 First Day Winter</p> <p>9:30 Morning News</p> <p>10:00 Body Harmonizing (Stretch Class)</p> <p>11:00 Blast into the Past— Rat Pack</p> <p>1:30 Science -Climate Extremes</p> <p>2:30—4:00 BINGO</p> <p>2:30 <u>Live Musical Entertainment Kelly Carpenter</u></p> <p>4:00 Afternoon Reflection (Word for Day)</p> <p>4:00 Catholic Communion</p> <p>6:15 film: Moonstruck</p>	
<p>22</p> <p>9:45 Hymn Sing</p> <p>10:30 Televised Catholic Service</p> <p>11:00 The History and Archaeology of the Bible Jesus and John the Baptist</p> <p>1:45 Group Crossword Puzzle</p> <p>2:30 Refreshments and Fellowships</p> <p>3:30 <u>Worship Service with Trinity Baptist Church, Montville</u></p> <p>6:15 Film Lady of Burlesque (1943)</p>	<p>23</p> <p>9:30 Morning News</p> <p>10:00 Aerobics with weights</p> <p>10:20 Group Challenge (Believe it or not?) Staff &amp; Resident</p> <p>11:00 Eiffel Tower, Story Of An Incredible Bet</p> <p>1:30 National Roots Day</p> <p>2:00 The Cliffs Holiday Karaoke</p> <p>2:45 The Monday Funnies &amp; Hot Cocoa Bar</p> <p>3:00 <u>"Scheme" with Debbie</u></p> <p>4:30 Afternoon Reflection (Word for Day)</p> <p>6:15 Film— Christmas Island</p>	<p>24 Christmas Eve</p> <p>9:30 Morning News</p> <p>10:00 Exercise with Weights</p> <p>10:30 French History: St. Faith Abbey of Conques</p> <p>11:30 Word Game</p> <p>1:30 Trivia</p> <p>2:00 The Oculus of New York City</p> <p>2:30—4:00 BINGO</p> <p>2:30 Doris Day Biography</p> <p>3:30 Table Reading: Treasure Island</p> <p>6:15 film: Lassie</p> 	<p>25 Merry Christmas</p> <p>9:30 Morning News</p> <p>10:20 Senior Fitness</p> <p>10:30 Televised Catholic Service</p> <p>11:00 <u>Communion Service on Christmas Day with Frederick</u></p> <p>12:00 Christmas Family lunch Buffet</p> <p>1:30 Around the World in 30 Minutes -United States Marine Band</p> <p>2:30 Reading of the Christmas Story &amp; Hot Cocoa Bar</p> <p>3:30 Nutcracker 1993</p> <p>4:35 <u>First Night of Chanukah lighting the menorah</u></p> <p>6:15 Film: White Christmas </p> <p><u>Chanukah Begins at Sundown</u></p>	<p>26 Happy Kwanzaa</p> <p>9:30 Morning News</p> <p>10:00 Resistance Bands Exercise</p> <p>11:00 <u>Chanukah Bingo with Allie</u> or Sing with Bing Crosby</p> <p>1:30 Find the Differences Picture Challenge</p> <p>2:00 The Battle of Lexington and Concord</p> <p>2:30—4:00 BINGO</p> <p>3:15 Around The World in 80 Days (ep. 4)</p> <p>4:30 5 Minute Meditation Breathing</p> <p>6:15 film: North by Northwest </p>	<p>27</p> <p>9:30 Morning News</p> <p>10:20 Body Harmonizing (Stretch Class)</p> <p>11:00 1955   Grace Kelly Defeats Judy Garland for Best Actress</p> <p>1:30 <u>The Meaning of Kwanzaa</u></p> <p>2:30 December Birthday Celebration</p> <p>3:45 Last Month in Movie tone History</p> <p>4:30 Afternoon Reflection (Word for Day)</p> <p>6:15 Film: War Dogs</p>	<p>28</p> <p>9:30 Morning News</p> <p>10:00 Exercise with Weights</p> <p>10:30 Let's Learn About Malta</p> <p>11:00 You Be The Judge</p> <p>1:30 Trivia</p> <p>2:00 Our Oceans - Arctic Ocean</p> <p>2:30—4:00 BINGO</p> <p>3:00 Table Reading</p> <p>4:00 Catholic Communion</p> <p>6:15 film: Treasure Island</p>	
<p>29</p> <p>9:45 Hymn Sing</p> <p>10:30 Televised Catholic Service</p> <p>11:00 Chicken soup for the Soul Reading</p> <p>1:45 Word Game</p> <p>2:30 Refreshments and Fellowships</p> <p>3:30 <u>Worship Service: Gospel Light Baptist Church</u></p> <p>6:15 Film: Something In The Wind (1947)</p>	<p>30</p> <p>9:30 Morning News</p> <p>10:00 Aerobics with weights</p> <p>10:20 Group Challenge (Who said that?) Buzzer</p> <p>11:00 Documentary -The Eternal Notre-Dame</p> <p>1:30 December Word Game</p> <p>2:30 The Monday Funnies &amp; Hot Cocoa Bar</p> <p>3:45 Afternoon Reflection (Word for Day)</p> <p>6:15 Film Christmas inheritance</p>	<p>31 Happy New Year's Eve !</p> <p>9:30 Morning News</p> <p>10:00 Tuesday Mingle</p> <p>10:30 <u>Prayer Circle with Donna</u></p> <p>1:30 Giant Crossword</p> <p>3:00 New Year's Eve pre celebration</p> <p>2:30—4:00 BINGO</p> <p>4:30 Table Reading</p> <p>6:15 film: An Affair to Remember</p>	 <p>2024</p>			<p>Disclaimer:</p> <p>Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/and cancellation of trips. Thank you</p> 	

# Calendar of Events