

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# October 2024



## Calendar of Events

	1 9:45 The History of Latin Music, part 2 11:00 Morning Stretch 11:30 Word Game 1:30 Fresh Air or Trivia 2:30 -4 pm BINGO 2:00 Let's Learn About Grover Cleveland 3:00 Find the Differences picture challenge 3:30 Reading: Murder at Foggy Bottom 6:15 film - Security	2 9:45 Mind Over Mat(ter) bodies in motion 10:15 Sparkling Lemon water & reading of The Four Agreements 11:30 Televised Catholic Service 1:30 Why 99.7% of Mongolia is Completely Empty 2:15 Hymn Sing 2:30 <u>Worship service &amp; Communion with Frederick</u> 3:45 Bowling Game 4:30 A Daily Dose Of Nostalgia 6:15 film -Thoroughly Modern Millie	3 9:45 Van Gogh -Tormented Genius 10:30 Workout with Weights 1:30 Fresh Air or Trivia 2:00 Western Perspective: Art & Creativity in West Texas, ep. 2 2:30 -4 pm BINGO 3:15 The Brooklyn Museum: Its Visionary Past; Ancient Egyptian Art 4:00 Hollywood Collection: Cary Grant 6:15 film - Chariots of Fire	4 9:45 Engineering an Empire: The Maya 11:00 Morning Exercise 11:30 The Apollo Theater: The Heart & Soul of Harlem 1:30 <u>The History of Rosh Hashanah</u> 2:00 <u>Live Musical Entertainment</u> <i>Jay Daniels</i> 3:30 Big Cats 24/7 ep. 1 4:30 The Mary Tyler Moore Show 6:15 film - Yentl	5 <u>Pet Therapy 2:00pm</u> 9:45 Why are sloths so slow Discussion Group 10:15 Munch & Mingle 11:00 Exercise! 1:30 COLUMBUS TRIVIA 2:00 PAVAROTTI 3:45 Sing Along & Apple Cider 2:30 -4 pm BINGO 6:15 Cinema Classics - Psycho
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6 9:45 HYMN SING 10:30 SCRIPTURE READING 11:00 YOUR STORY ... 11:30 TELEVISED CATHOLIC SERVICE 1:30 <u>Movie Matinee--</u> <i>The Luck of the Irish</i> 1:45 Discussion Group - Isiah 2:30 Munch & Fellowship 3:30 <u>Sunday Worship-- Christ The King Church -Doven</u> 6:15 film - The Wackiest Ship In The Army (1961)	7 9:45 Name that Show Tune (Karaoke Party) 10:00 <u>Instructed art class</u> 10:30 Flex and Stretch 11:00 Discovery Corner Madd Hatter Day 1:30 <u>Resident Council Meeting</u> 2:30 Reminiscent Corner-- 19th-century fads 3:30 Autumn Path Walk 4:30 A Daily Dose Of Nostalgia 6:15 Cinema Classics--The Great Escape	8 9:45 Why Bridges Collapse 11:00 Meditation Stretch 11:30 Word Game 1:30 Fresh Air or Trivia 2:30 -4 pm BINGO 2:00 Big Cats 24/7 ep. 2 3:00 The Eads Bridge over the Mississippi River 3:30 Reading: Murder at Foggy Bottom 6:15 documentary - Downfall, The Case Against Boeing	9 9:45 Balance & Stretch Class 10:15 Sparkling Lemon water & reading of The Four Agreements 11:30 <u>Televised Catholic Service</u> 1:30 How New York Became America's Fastest Shrinking State Discussion group 2:30 <u>Live Musical Entertainment</u> <i>Kelly Carpenter</i> 3:45 Chit-chat and lollygag 4:30 A Daily Dose Of Nostalgia 6:15 film - 42nd Street	10 9:45 F. Scott Fitzgerald - A Troubled Life Cut Short 10:30 Resistance Band Exercise 1:30 Fresh Air or Trivia 2:30 -4 pm BINGO 2:00 Western Perspective: Art & Creativity in West Texas, ep. 3 3:00 <u>"Scheme" News &amp; Your Views</u> 4:15 The Great White Way 6:15 film - Jack Reacher, Never Go Back	11 9:45 Let's Learn About Helen Keller 10:30 Reach and Stretch 11:00 Stradivarius and Me: the story of Antonio Stradivari 1:30 Fresh Air or Trivia 2:30 <u>Live Musical Entertainment</u> <i>Everything Good!</i> 3:45 Big Cats 24/7 ep. 3 6:15 film - The Guilty	12 9:45 How does a Jellyfish sting? Discussion Group 10:15 Munch & Mingle 11:00 Exercise! 1:30 Sing Along & Apple Cider 2:45 Inside the Milky Way 2:30 -4 pm BINGO 3:30 Group Crossword Puzzle 4pm <u>Catholic Communion</u> 6:15 Cinema Classics - Sunset Boulevard
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13 9:45 SCRIPTURE READING 10:30 GRACEFUL MOVEMENTS 11:00 HYMN SING 11:30 TELEVISED CATHOLIC SERVICE 1:30 <u>Movie Matinee -</u> <i>Run Silent; Run Deep</i> 1:45 Discussion Group--Judah 2:30 Munch & Fellowship 3:30 Sunday Worship-- First Baptist Church -Passaic 6:15 film - The 7th Voyage Of Sinbad	14 Indigenous Peoples' Day 9:45 Bend & Stretch 10:30 History of Columbus 11:30 Karaoke Party 1:30 Fact or Fiction 2 <u>Brushstrokes art slideshow with Judy Ebright</u> 3:30 American History Indigenous Peoples' Day 4:30 Autumn Path Walk 6:15 Film Those Magnificent Men in Their Flying Machines	15 9:45 Cartoonist Charles Schulz speaking at UCLA May 1971 10:45 Morning Exercise 11:15 Word Game 1:30 Fresh Air or Trivia 2:30 <u>Dr. Mike Norris In-person Lecture on West Africa on the East Coast</u> 2:30 -4 pm BINGO 4:00 Big Cats 24/7 ep. 4 6:15 film - A Tourist's Guide To Love	Off -Campus Trips CVS- October 10th 10:30 am Scenic Drive Fall Foliage--TBA		October Birthday Celebrants Elizabeth W -3rd	Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you
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# October 2024



## Calendar of Events

<p>20</p> <p>9:45 HYMN SING</p> <p>10:30 SCRIPTURE READING</p> <p>11:00 YOUR STORY . . .</p> <p>11:30 <u>TELEVISED CATHOLIC SERVICE</u></p> <p>1:30 <u>Movie Matinee</u> <u>Blue Hawaii</u></p> <p>1:45 Fresh Flower Arranging</p> <p>2:30 Munch &amp; Fellowship</p> <p>3:30 <u>Sunday Worship –Second Baptist Church –Roselle</u></p> <p>6:15 film - Turner And Hooch</p>	<p>21</p> <p>9:45 Flex and Stretch</p> <p>10:15 Documentary- Remastered Tricky Dick &amp; in Man in Black</p> <p>10:30 <u>Instructed art class</u></p> <p>1:30 Musical karaoke party</p> <p>2:30 Wine &amp; Cheese Social</p> <p>3:30 Getting to Know you Q&amp;A</p> <p>4:30 Autumn Path Walk</p> <p>6:15 film - The Million Pound Note</p>	<p>22</p> <p>9:45 Engineering an Empire: The Aztecs</p> <p>10:45 Meditation Stretch</p> <p>11:15 Rick Steves Mexico</p> <p>1:30 Fresh Air or Trivia</p> <p>2:30 –4 pm BINGO</p> <p>2:00 pm <u>World of Garden Planet Therapy Program</u></p> <p>3:30 Hollywood Collection: Michael Caine</p> <p>6:15 film - The Philadelphia Story</p>	<p>23</p> <p>9:45 Every Now &amp; Zen Exercise</p> <p>10:15 Sparkling Lemon water &amp; reading of The Four Agreements</p> <p>11:00 <u>Debate School of New Jersey visits with Ralph</u></p> <p>1:30 Televised Catholic Service</p> <p>2:30 <u>Men's Club with Frederick</u></p> <p>2:45 Apple Cider Social &amp; Positive Affirmation Poster Painting</p> <p>3:45 daily doses of happy moments</p> <p>6:15 film - Sabrina</p>	<p>24</p> <p>9:45 Peter Lorre Biography</p> <p>10:30 Chair cycling class</p> <p>11:15 Timeless Trivia</p> <p>1:30 The Choice 2024: Harris vs. Trump</p> <p>2:30 –4 pm BINGO</p> <p>3:00 Discovery Corner— Lemurs</p> <p>3:30 Top Ten songs karaoke</p> <p>4:15 Kenny G Live (1989)</p> <p>6:15 film - Heart of Stone</p>	<p>25</p> <p>9:45 Let's Learn About Florence Nightingale</p> <p>11:00 Bend and Stretch</p> <p>1:30 Fresh Air or Trivia</p> <p>2:30 October Birthday Celebration</p> <p>3:30 Inside the Mind of a Cat</p> <p>4:30 Afternoon Reflection</p> <p>6:15 film - The Call of the Wild</p>	<p>26</p> <p>9:45 Where do superstitions come from? Discussion Group</p> <p>10:15 Munch &amp; Mingle</p> <p>11:00 Exercise!</p> <p>1:30 Apple Tasting Competition</p> <p>2:45 Monster of Milky Way   Black Hole</p> <p>2:30 –4 pm BINGO</p> <p>3:30 Sing Along</p> <p>4pm Catholic Communion</p> <p>6:15 Cinema Classics - Meet Me in St. Louis</p>
<p>27</p> <p>9:30 Hymn Sing</p> <p>10:30 Daily Devotions</p> <p>11:00 Bible Word Game</p> <p>11:30 <u>TELEVISED CATHOLIC SERVICE</u></p> <p>1:30 <u>Movie Matinee</u> <u>The Princess And The Pirate</u></p> <p>1:45 Sunday Craft Corner</p> <p>2:30 Munch &amp; Fellowship</p> <p>3:30 <u>Sunday Worship</u> <u>Risen Savior Church—North Arlington</u></p> <p>6:15 film - The Phantom</p>	<p>28 <u>International Day –Germany</u></p> <p>9:45 Step and stretch walking tour through Bamberg, Germany</p> <p>10:15 Learning Common German phrases</p> <p>11:00 Facts about Germany</p> <p>12:00 <u>Oktoberfest style lunch</u></p> <p>2:00 <u>Live Musical Entertainment Oktoberfest with Richard Stillman</u></p> <p>3:15 Happy Hour –Beer Tasting</p> <p>4:30 Virtual Tour through Germany</p> <p>6:15 film - Paulie</p>	<p>29</p> <p>9:45 Artist Romain de Tirtoff (Erte) and his Art Deco works</p> <p>10:30 Workout with Weights</p> <p>11:00 <u>"Scheme" News &amp;Your Views</u></p> <p>1:30 Fresh Air or Trivia</p> <p>2:30 –4 pm BINGO</p> <p>2:00 Big Cats 24/7 ep. 4</p> <p>3:00 The Tate Museum</p> <p>3:30 Holloywood Collection: Marilyn Monroe</p> <p>6:15 film - Gaslight</p>	<p>30</p> <p>9:45Warrior &gt;Weights exercise</p> <p>10:15 Sparkling Lemon water &amp; reading of The Four Agreements</p> <p>11:30 <u>Televised Catholic Service</u></p> <p>1:30 Why 80% of Americans Live East of This Line discussion group</p> <p>2:30 <u>Theology 101 w/Frederick</u></p> <p>2:45 Baking Club - Cinnamon Rolls</p> <p>4:30A Daily Dose Of Nostalgia</p> <p>6:15 film - Kiss Me Kate</p>	<p>31 Happy Halloween</p> <p>9:45Bela Lugosi Documentary</p> <p>10:30 Flex &amp; Stretch Exercise</p> <p>11:15 On this day in History 1864The U.S. Congress admits Nevada as the 36th state</p> <p>1:30 Halloween Costume staff Parade</p> <p>2:30 –4 pm BINGO</p> <p>2:45 Halloween Social</p> <p>3:30 Discovery Corner Nocturnal Animals</p> <p>4:30 Spooky word challenge</p> <p>6:15 film - Fargo</p>	<p><u>October Birthday Celebrants</u> Elizabeth W -3rd</p> <p style="text-align: right;"><u>Disclaimer:</u> Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/and cancellation of trips. Thank you</p> <div style="text-align: right;">   </div>	

October Observances 2024

Church Library Month  
LGBTQ+ History Month  
Dental Hygiene Month  
Family History Month  
Blindness Awareness Month  
German-American Heritage Month  
Italian-American Heritage Month

16 International Day–Italian

9:45 Step and stretch walking tour through Florence, Italy

10:15 Learning common Italian phrases and sayings

11:30 Televised Catholic Service

12:00 Italian style lunch

1:30 Facts about Florence, Italy

3:00 Live Musical Entertainment  
Sal Torino

4:30 Virtual Tour through Italy

6:15 film - Cabaret

17

9:45 George Gershwin - The Tragic End of a Musical Prodigy

10:30 Flex & Stretch Exercise

11:00 Science News- What's new with James Webb discussion group

1:45 Movie Matinee -

2:30 –4 pm BINGO

2:15 Decorating Pumpkins

6:30 Live Interactive Music  
with Brass Fedora

18

9:45 Einstein and the bomb

10:00 Instructed art class

11:00 Chair cycling class

11:30 Tiny Desk Concert  
Chris Stapleton

1:30 The Art of Leadership: Abraham Lincoln Discussion

2:30 A Hot toddy Social

3:45 Fact Or Fiction

4:30 Chit Chat Corner

6:15 film - Rebel Without a Cause

19

9:45 The three different ways mammals give birth Discussion Group

10:15 Munch & Mingle

11:00 Exercise!

1:30 Bulletin Board Trivia

2:45 Hubble: Exploring the Milky way

2:30 –4 pm BINGO

3:30 Sing Along and Apple Cider

4pm Catholic Communion

6:15 Cinema Classics - The Birds