

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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January 2025



"In January, let go of the old; welcome in the new; and cherish the possibilities that lie ahead."

- Ernie J Zelinski,

The Cliffs Calendar of Events



January Culinary Events

Fine Dining Event- Friday Night Bistro

January 31st - 5:00pm

If you're interested, sign up at the front desk.

The Cliffs Off-Campus Trips

Jan. 15th - Ghoprte - time 10:30am

Jan. 19th - Winter Scenic Drive - time 1:30pm

Jan. (TBA) - The Newark Museum of Art

<p>5 9:30 PSALMS 119:15-16 READING AND MEDITATION</p> <p>10- TELEVISED CATHOLIC SERVICE</p> <p>10:30 SUNDAY MORNING MINGLE</p> <p>11- HYMN SING</p> <p>1:30 SECOND EPISTLE TO THE CORINTHIANS GROUP DISCUSSION</p> <p>2:30 SUNDAY REFRESHMENT FELLOWSHIP</p> <p>3:30 <u>WORSHIP SERVICE WITH - GLOBAL HARVEST FELLOWSHIP - WJ</u></p> <p>6:15 FILM - MARIE-ANTOINETTE</p>	<p>6 9- MORNING NEWS</p> <p>9:30 AEROBICS WITH WEIGHTS</p> <p>10:30 YOU GOTTA KNOW TV - TRIVIA GAME</p> <p>1:30 <u>RESIDENT COUNCIL MEETING</u></p> <p>2:15 DOCUMENTARY AMERICA'S NATIONAL PARK-BADLANDS</p> <p>3:30 AUDIO BOOK CLUB--THE LEGEND OF SLEEP HOLLOW</p> <p>3:45 HOT CHOCOLATE & BALLERINAS AROUND THE WORLD</p> <p>4- 5 MINUTE MEDITATION BREATHING</p> <p>6:15 FILM - EVERYBODY'S FINE</p>	<p>7 ORTHODOX CHRISTMAS DAY</p> <p>9- MORNING NEWS</p> <p>9:30 MEDITATION STRETCH</p> <p>10- SICILY: PALERMO AND SYRACUSE</p> <p><u>11- SCHEME - NEWS CURRENTS WITH DEBBIE</u></p> <p>2- WORD GAME</p> <p>2:30 WWII IN COLOR: IWO JIMA</p> <p>2:30-4PM BINGO</p> <p>3:30 THE HISTORY OF ICE HOCKEY</p> <p>4- TABLE READING "TREASURE ISLAND"</p> <p>6:15 FILM - GOOD NEIGHBOR SAM (JACK LEMMON)</p>	<p>1 NEW YEAR'S DAY</p> <p>9- MORNING NEWS</p> <p>9:30 TELEVISED CATHOLIC SERVICE</p> <p>10-CHA, CHA FITNESS CLASS</p> <p>10:30 LET'S LEARN ABOUT THE BOER WAR (SOUTH AFRICA)</p> <p>11 -THEOLOGY 101 WITH FREDERICK</p> <p>1:30 SIMPLE MATH TRIVIA</p> <p>2:30 NEWS YEARS DAY SOCIAL</p> <p>3:45 IN THEIR OWN WORDS : JIMMY CARTER</p> <p>4:30 5 -MINUTE MEDITATION BREATHING</p> <p>6:15 FILM - APOLLO 13, SURVIVAL</p>	<p>2 9- MORNING NEWS</p> <p>9:30 RESISTANCE BANDS STRETCHING</p> <p>10:15 DISCOVERY CORNER -THE ORCA</p> <p>11- LET'S LEARN ABOUT STARS OF YESTERYEARS AND KARAOKE WITH THEM</p> <p>1:30 1861-1865: THE COMPLETE STORY OF THE AMERICAN CIVIL WAR</p> <p><u>3:30 -4:30 LIVE MUSICAL ENTERTAINMENT JAY DANIELS</u></p> <p>6:15 FILM -JOE VERSUS THE VOLCANO (TOM HANKS)</p>	<p>3 9- MORNING NEWS</p> <p>9:30 DANCE STEPS AEROBICS</p> <p>10:45 ANDREW CARNEGIE: PRINCE OF STEEL</p> <p>11- <u>CONTINUE EDUCATION - ART LESSON</u></p> <p>1:45 DISCUSSION GROUP ON-1936 I BETTE DAVIS WINS A CONSOLATION OSCAR</p> <p>2:30 FRIDAY FUNNIES & MOCKTAILS</p> <p>3:30 MUSIC APPRECIATION -JOHANN SEBASTIAN BACH: THE FIFTH EVANGELIST</p> <p>4:15 5 MINUTE MEDITATION BREATHING</p> <p><u>7:00 THE CLIFFS NEW YEAR TOGETHER CELEBRATION!</u></p>	<p>4 9- MORNING NEWS</p> <p>9:30 MORNING STRETCH</p> <p>10:30 THE MAGIC OF WINTER DISCUSSION</p> <p>11:00 WORD GAME</p> <p>1:30 MAKAYLA'S VOICE "A LETTER TO THE WORLD" SHORT DOCUMENTARY</p> <p>2:00 LET'S LEARN ABOUT ARTIST JASPER JOHNS</p> <p>2:30-4PM BINGO</p> <p>2:30 TABLE READING "TREASURE ISLAND"</p> <p><u>4:00 CATHOLIC COMMUNION</u></p> <p>6:15 FILM - IT HAD TO BE YOU (GINGER ROGERS)</p>
<p>12 9:30 PHILIPPIANS 4:8 READING AND MEDITATION</p> <p>10- TELEVISED CATHOLIC SERVICE</p> <p>10:30 SUNDAY MORNING MINGLE</p> <p>11- HYMN SING</p> <p>1:30 BOOK OF RUTH GROUP DISCUSSION</p> <p>2:30 SUNDAY REFRESHMENT FELLOWSHIP</p> <p>3:30 <u>WORSHIP SERVICE WITH - CENTRAL BAPTIST CHURCH-ELIZ</u></p> <p>6:15 FILM -THREE WISHES FOR CINDERELLA</p>	<p>13 9- MORNING NEWS</p> <p>9:30 AEROBICS WITH WEIGHTS</p> <p>10:45 CHECKERS TEAM CHALLENGE</p> <p>1:30 MUSICAL KARAOKE</p> <p><u>2- BRUSHSTROKES WITH JUDY EBRIGHT ART SLIDESHOW</u></p> <p>3:30 AUDIO BOOK CLUB--THE LEGEND OF SLEEP HOLLOW</p> <p>3:45 A WORD IN A WORD</p> <p>4- 5 MINUTE MEDITATION BREATHING</p> <p>4:15 DANIEL BOONE: HERO OF KENTUCKY</p> <p>6:15 FILM -THE MEXICAN</p>	<p>14 9- MORNING NEWS</p> <p>9- MORNING NEWS</p> <p>10- SICILY: TAORMINA</p> <p>10:30 PRAYER CIRCLE WITH DONNA</p> <p>2- WORD GAME</p> <p>2:30 LET'S LEARN ABOUT ARTIST ROBERT RAUSCHENBERG</p> <p>2:30-4PM BINGO</p> <p>3:30 AROUND THE WORLD IN 80 DAYS: EP. 6</p> <p>6:15 FILM - HIS GIRL FRIDAY (CARY GRANT)</p>	<p>15 9- MORNING NEWS</p> <p>9:30 TELEVISED CATHOLIC SERVICE</p> <p>10- FITNESS CLASS</p> <p>10:30 STORIES OF AMERICA'S NATIONAL PARKS LECTURE 2</p> <p>1:30 SING ALONG WITH JUDY GARLAND</p> <p><u>2:30-3:30 LECTURE PRESENTED BY DR. NORRIS ON BENJAMIN FRANKLIN</u></p> <p>3:45 5 MINUTE MEDITATION BREATHING</p> <p>4- FOOTBALL : FULL COLOR NFL HISTORY</p> <p>6:15 JAMES CAGNEY FILM-MISTER ROBERTS</p>	<p>16 9- MORNING NEWS</p> <p>9:30 EXERCISE WITH WEIGHTS</p> <p>10:30 THE HISTORY OF TORONTO</p> <p>11:15 WHO'S GOT PERSONALITY?</p> <p>1:30 GENERAL KNOWLEDGE TRIVIA</p> <p>2- WHAT'S NEW IN CANADA?</p> <p>2:30-4- BINGO</p> <p>2:30 TREASURES OF NEW YORK: IJJA FEDERATION</p> <p>3:30 WHO'S RUNNING FOR NJ GOVERNOR?</p> <p>6:15 FILM - GIDGET (CLIFF ROBERTSON, SANDRA DEE)</p>	<p>17 BENJAMIN FRANKLIN DAY</p> <p>9- MORNING NEWS</p> <p>9:30 THE ODD COUPLES- DEBUSSY AND RAVEL</p> <p>10:30 EXERCISE CLASS</p> <p>11:30 KARAOKE PARTY</p> <p>1:45 DISCUSSION GROUP ON- ORIGIN STORY BLACKBIRD SONG BY JOHN LENNON AND PAUL MCCARTNEY</p> <p>2:30 YOU BE THE JUDGE & WHITE CHOCOLATE MOCHA</p> <p>3:45 5 MINUTE MEDITATION BREATHING</p> <p>6:15 FILM - HELLO, DOLLY!</p>	<p>18 9:00 MORNING NEWS</p> <p>9:30 MEDITATION STRETCH</p> <p>10:30 NORMAN ROCKWELL DOC. AND DISCUSSION</p> <p>11:30 WORD GAME</p> <p>1:30 STATISTICAL TRIVIA</p> <p>2:00 LET'S LEARN ABOUT THE HUMAN EAR</p> <p>2:45 THE HOLLYWOOD COLLECTION: HOLLYWOOD'S CHILDREN</p> <p>2:30-4PM BINGO</p> <p>3:15 TABLE READING "SAVING SIMON"</p> <p>4:00 CATHOLIC COMMUNION</p> <p>6:15 FILM - MARIA (ABOUT MARIA CALLAS)</p>
<p>19 9:30 PROVERBS 3:5-6 READING AND MEDITATION</p> <p>10- TELEVISED CATHOLIC SERVICE</p> <p>10:30 SUNDAY MORNING MINGLE</p> <p>11- HYMN SING</p> <p>1:30 FIRST EPISTLE TO TIMOTHY GROUP DISCUSSION</p> <p>2:30 SUNDAY REFRESHMENT FELLOWSHIP</p> <p>3:30 <u>WORSHIP SERVICE WITH - CHRIST THE KING CHURCH -DOVER</u></p> <p>6:15 FILM -LOVE IN BLOOD</p>	<p>20 MARTIN LUTHER KING DAY</p> <p>9- MORNING NEWS</p> <p>9:30 AEROBICS WITH WEIGHTS</p> <p>10:45 MARTIN LUTHER KING DOCUMENTARY</p> <p><u>2- 3 LIVE MUSICAL ENTERTAINMENT RICHARD STILLMAN</u></p> <p>3:30 AUDIO BOOK CLUB--THE LEGEND OF SLEEP HOLLOW</p> <p>3:40 TIME TRAVELERS 1970'S</p> <p>4- 5 MINUTE MEDITATION BREATHING</p> <p>4:15 JOHN MULLAN: ROADBUILDER OF THE WEST</p> <p>6:15 FILM - SELMA</p>	<p>21 9- MORNING NEWS</p> <p>9- MORNING NEWS</p> <p>10:30 LET'S LEARN ABOUT GLASS BLOWING</p> <p>2- WORD GAME</p> <p>2:30 WHO STARTED THE BAPTIST CHURCH?</p> <p>2:30-4PM BINGO</p> <p>3- RIDDLE ME THIS</p> <p>3:15 TABLE READING "SAVING SIMON"</p> <p>6:15 FILM - THE LITTLE FOXES (BETTE DAVIS)</p>	<p>22 9- MORNING NEWS</p> <p>9:30 TELEVISED CATHOLIC SERVICE</p> <p>10- FITNESS CLASS</p> <p>10:30 STORIES OF AMERICA'S NATIONAL PARKS LECTURE 3</p> <p><u>11- MEN'S GROUP WITH FREDERICK</u></p> <p>1:30 WHY THE BIG BANG THEORY HAS CHANGED OVER TIME</p> <p>2:30 DISCUSSION GROUP ON-STRANGE AND WEIRD OF THE WINGED ANIMAL KINGDOM</p> <p>3:45 5 MINUTE MEDITATION BREATHING</p> <p>4- FOOTBALL : FULL COLOR NFL HISTORY</p> <p>6:15 JAMES CAGNEY FILM -RAGTIME</p>	<p>23 9- MORNING NEWS</p> <p>9:30 MEDITATION STRETCH</p> <p>10:30 LET'S LEARN ABOUT COPENHAGEN</p> <p>1:30 TRIVIA</p> <p>2- THE SAMI PEOPLE OF SCANDINAVIA</p> <p>2:30-4- BINGO</p> <p>3-PICTURE DIFFERENCES CHALLENGE</p> <p>3:30 AROUND THE WORLD IN 80 DAYS: EP. 7</p> <p>6:15 FILM - BELL, BOOK AND CANDLE (JAMES STEWART)</p>	<p>24 9-MORNING NEWS</p> <p>9:30 EXERCISE CLASS</p> <p>10:30 PABLO PICASSO: FRACTURED MIND</p> <p>11:30 POEM READING AND REFLECTION</p> <p>1:30 GETTING TO KNOW YOU</p> <p><u>2 - 3 LIVE MUSICAL ENTERTAINMENT EVERYTHING GOOD</u></p> <p>3- JANUARY BIRTHDAY CELEBRATION</p> <p>6:15 FILM - A FAREWELL TO ARMS</p>	<p>25 9:00 MORNING NEWS</p> <p>9:30 MORNING STRETCH</p> <p>10:30 ENGLISH MINING MAGNATE CECIL RHODES</p> <p>11:30 RIDDLE ME THIS</p> <p>1:30 VACATION TRIVIA</p> <p>2:00 WWII IN COLOR: LIBERATION OF PARIS</p> <p>2:30-4PM BINGO</p> <p>3:15 TABLE READING "SAVING SIMON"</p> <p>4:00 CATHOLIC COMMUNION</p> <p>6:15 FILM - HEART OF STONE (ACTION FILM)</p>
<p>26 BESSIE COLEMAN BIRTHDAY</p> <p>9:30 JOHN 16:33 READING AND MEDITATION</p> <p>10- TELEVISED CATHOLIC SERVICE</p> <p>10:30 SUNDAY MORNING MINGLE</p> <p>11-HYMN SING</p> <p>1:30 FIRST EPISTLE TO THE THESSALONIANS GROUP DISCUSSION</p> <p>2:30 SUNDAY REFRESHMENT FELLOWSHIP</p> <p>3:30 <u>WORSHIP SERVICE WITH - BREAD OF LIFE FELLOWSHIP -WAYNE</u></p> <p>6:15 FILM - BEAUTY AND THE BEAST</p>	<p>27 HOLOCAUST MEMORIAL DAY</p> <p>9- MORNING NEWS</p> <p>9:30 AEROBICS WITH WEIGHTS</p> <p>10:45 NAME THAT TUNE</p> <p>1:30 THE LAST SURVIVORS (BETWEEN 1941 AND 1945.)</p> <p>2:30 AUDIO BOOK CLUB--THE LEGEND OF SLEEP HOLLOW</p> <p>3- FACT OR FICTION TRIVIA</p> <p><u>3:30 -4:30 LIVE MUSICAL ENTERTAINMENT KELLY CARPENTER</u></p> <p>6:15 FILM - SHE'S THE MAN</p>	<p>28 9- MORNING NEWS</p> <p>9:30 MORNING STRETCH</p> <p>10:30 PRAYER CIRCLE WITH DONNA</p> <p>1:30 RIDDLE ME THIS</p> <p>2 - WORD GAME</p> <p>2:30-4PM BINGO</p> <p>2:30 THE HOLLYWOOD COLLECTION: INGRID</p> <p>3:45 TABLE READING "SAVING SIMON"</p> <p>6:15 FILM - IT HAPPENED ONE NIGHT (CLARK GABLE)</p>	<p>29 CHINESE & KOREAN NEW YEAR</p> <p>9- MORNING NEWS</p> <p>9:30 TELEVISED CATHOLIC SERVICE</p> <p>10- FITNESS CLASS</p> <p>10:30 STORIES OF AMERICA'S NATIONAL PARKS LECTURE 4</p> <p><u>11- WORSHIP SERVICE AND COMMUNION WITH FREDERICK</u></p> <p>1:30 VIRTUAL TOUR OF A TOUR OF EARTH'S ANCIENT SUPERCONTINENTS</p> <p>2:30 CHINESE & KOREAN NEW YEAR SOCIAL</p> <p>3:45 5 MINUTE MEDITATION BREATHING</p> <p>4- UNTOUCHED WILDERNESS IN AMERICA'S</p> <p>6:15 JAMES CAGNEY FILM : THE STRAWBERRY BLONDE</p>	<p>30 9- MORNING NEWS</p> <p>9:30 RESISTANCE BANDS STRETCHING</p> <p>10:30 UNIQUE SCULPTURES</p> <p>11- POETRY IN MOTION</p> <p>1:30 BIOLOGY TRIVIA</p> <p>2- AROUND THE WORLD IN 80 DAYS: EP. 8</p> <p>2:30-4- BINGO</p> <p><u>3:30 SCHEME - NEWS CURRENTS WITH DEBBIE</u></p> <p>6:15 FILM - CAPT. HORATIO HORNBLOWER (GREGORY PECK)</p>	<p>31 INTERNATIONAL ZEBRA DAY</p> <p>9- MORNING NEWS</p> <p>9:30 EXERCISE CLASS</p> <p>10:30 TCHAIKOVSKY: PIANO CONCERTO NO. 1</p> <p>10:45 CONTINUE EDUCATION - ART LESSON</p> <p>1:30 DISCOVERY CORNER -ZEBRA</p> <p><u>2:30-3:30 LIVE MUSICAL ENTERTAINMENT SAL TORINO</u></p> <p>3:30 FRIDAY FUNNIES & MOCKTAILS</p> <p>6:15 FILM - SEND ME NO FLOWERS</p>	<p>DISCLAIMER:</p> <p>ACTIVITIES ON THE CALENDAR AND LOCATIONS ARE SUBJECT TO CHANGE.</p> <p>WHILE EVERY EFFORT IS MADE TO RUN PROGRAMS AS SCHEDULED, UNFORESEEN EVENTS AND INCLEMENT WEATHER MAY NECESSITATE CALENDAR MODIFICATIONS AND POSTPONEMENT/ AND CANCELLATION OF TRIPS. THANK YOU</p>