| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| 1 9:30 Hymn Sing 10- Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 10:30 Exploring the Adorable World of Baby Animals 1:30 1/2 around the Cliffs /Beethoven: Symphony No. 5 Fate Symphony 2:30 Refreshments & Fellowship & Bible Trivia 3:30 Spiritual Enrichment: Worship Service Calvary Evangelical Free, Essex Fells 6:15 Film: The Adventures of the Wilderness Family | 2 9:30 Exercise Class 10- Literature & Language: Greek 101: | 3 9:30 Chair Yoga 10:15 American History: Forgotten America: Rediscovering Events That Changed the Nation: Hollywood and the Hays Code 10:45 Karaoke Shenanigans 11:30 1/2 Lap around The Cliffs 1:30 Entertain your Brain: You be the Judge 1:45 -3:30 Bingo 2:30 Nature documentary: Equus: Story of the Horse 3:45 Afternoon Reflection 4:30 Chit Chat Social Country Kitchen 6:15 Film: Sahara | 4 9:45 Muscle up - Calisthenics 10:15 Science Club-A Field Guide to the Planets: How the Solar System Family Is Organized 11 - Entertain your Brain - Name That Movie Star 1:45 TED Talk Discussion Group: The price of shame 2:30 Ice cream Sandwich Social & Did you Know? 3:45 Art and Culture-How Impressionism's Most Controversial Artist Craved Notoriety 4:30 Wednesday Moment of Meditation 6:15 Film: A Dog's Way Home | 5 9:30 Literature & Language: Banned Books, Burned Books: Forbidden Literary Works, The Textbook Wars 10:15 Wellness Exercises: (Mind, Body & Soul) 10 -12 Bingo 11-Artistic Learning - Still Life 11-Music Appreciation: Simon & Garfunkel 1:30 Entertain your Brain: Famous Faces Group Challenge 2-Horticultural Class: World of Gardens 3:15 Café & Story Time Spectaculars: Modoc 4:30 Silcom comedy: The Good Place &p.1 6:15 Resident Film Choice: Sunset Boulevard | 9:30 Literature & Language: 10 Great What-Is of American History: What I the Constitution Did Not Pass? 10:20 Step Aerobics 11 - Spiritual Enrichment: Catholic Service 11:15 Coffee Klatch With Marge 11:30 Entertain your Brain: Knock, Knock comedy in 30 1:30 Entertain your Brain: Knock, Knock comedy in 30 1:30 Culture appreciation: Tucci in Italy: Tuscany 2:30 Live music performance: Everything Good Music 3:45 World History: History of D-Day 4- Afternoon Reflection 6:15 Popcorn & Movie: Top Gun: Maverick | 7 9:30 History in review-1893 Gandhi's first act of civil disobedience 10:15 Chair Zumba 11- Discussion Group: Marsupial 1:30 Knoxville, Tennessee 1:45-3:30 BINGO (inner Garden) 2:45 Entertain your Brain: Word Game Challenge 3:45 Music Appreciation: Opera gala: the greatest arias from Mozart, Verdi, Rossini 4- Spiritual Enrichment: Catholic Communion 6:15 Film: A Night To Remember |
| 8 9:30 Hymn Sing 10 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 10:30 Wildlife Stories: Nature's Greatest Engineers 1:30 1/2 around the Cliffs / Brahms: String Sextet No. 2 2:30 Refreshments & Fellowship& Story of Abigail 3:30 Spiritual Enrichment: Worship Service: Great Shepherd Church, Union 6:15 Film: Angel Mountain | 9 9:30 Exercise Class 10 Literature & Language: Greek 101: Learning an Ancient Language 10:30 Art and Culture: -Brushstrokes presented by Judy 11- Mini Bio - Michael J. Fox in review 11:30 Music Appreciation: The Beatles in Australia 1964 2:00 Live Concert performed by Smoke Rise Baptist Church Stone Mountain (Atlanta) GA Youth Choir 4:15 Chit Chat Social Country Kitchen 6:15 Film: Charlie Wilson's war | 10 9:30 Chair Yoga 10:15 American History: Forgotten America: Rediscovering Events That Changed the Nation: Forever Foreigners: Anti-Asian Laws 11 News Current: "Scheme" with Debbie 1:30 1/2 Lap around The Cliffs 1:45 Giant Crossword Puzzte 1:45 -3:30 Bingo 2:30 History: Charlottesville, Virginia 3:30 Café & Discussion group 4:30 Chit Chat Social By the waterfall 6:15 Film: Life of P1 | 11 9:45 Muscle up - Calisthenics 10:15 Science Club- A Tield Guide to the Planets: Mercury, the Extreme Little Planet 11-Entertain your Brain - The History of the Pineapple 1:30 Resident Council Meeting (Meet the C.E.O) 2:30 Spiritual Enrichment: Worship Service & Communion with Frederick 3:45 Engineering and innovations: World Class Trains - The Rocky Mountaineer 4:30 Wednesday Moment of Meditation 6:15 Film: Hillbilly Elegy | 12 9:30 Literature & Language: Banned Books, Burned Books: Forbidden Literary Works, The Backlash against Harry Potter 10:15 Wellness Exercises: (Mind, Body & Sout) 11-Artistic Learning - Shadow Aspect 1:30 American History-From Protest to Resistance 1968 1:45 - 3:30 Bingo 3- Café & Story Time Spectaculars: Modoc 4:30 Sitcom comedy: The Good Place & p.2 6:15 Resident Film Choice: High Society | 13 9:30 Literature & Language: 10 Great What-Ifs of American History: What If Columbus Never "Discovered" America? 10:20 Step Aerobics 11—Spiritual Enrichment: Catholic Service 11:15 Coffee Klatch With Marge 11:30 Facts of the Day: June 13th History 1:30 Culture appreciation: Tucci in Italy: Lombardy 2:30 Brain Game: Recall Challenge 3:45 Audio Book Society: The Temple and the Lodge 4- Afternoon Reflection 6:15 Popcorn & Movie: Unstoppable | 14 Flag Day / Army Birthday 9:30 History in review -1777 Congress adopts the Stars and Stripes 10:15 Chair Zumba 11-Disussion Group : Hippopotamuses 1:30 World History: Israel & Palestine: The Land That Demands Understanding 1:45-3:30 BINGO (inner Garden) 2:45 Entertain your Brain -critical thinking game 3:45 1/2 Lap around the Cliffs 4-Spiritual Enrichment: Catholic Communion 6:15 Film: The Day The Earth Stood Still (1951) |
| 15 Happy Father's Day 9:30 Hymn Sing 10 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 10:30 A Fox's Tale: Survival in the Alpine Wild 1:30 1/2 around the Cliffs / The Haydn Expedition: music documentary with Paavo Järvi 2:30 Refreshments & fellowship& Story of about your Dad 3:30 Spiritual Enrichment: Worship Service: Trinity Baptist Church, Montville 6:15 Film: Hope's Legacy | 16 9:30 Exercise Class 10 Literature & Language: Greek 101: Learning an Ancient Language 10:45 Mini Bio: Katharine Graham in Review 11:30 Music Appreciation: Wrenclaw 1:30 Nature & Ecology: What's Next: Can We Stop Global Warming? 1:45 Community outreach: Charity Baking 3:10 Café & Story Time Spectaculars: Modoc 4:15 Chit Chat Social Country Kitchen 6:15 Film: American Graffiti | 17 9:30 Chair Yoga 10 American History: Forgotten America: Rediscovering Events That Changed the Nation: :Tuberculosis Transforms America 10:15-12:00 Bingo 11 - Sing along with Marty 1:30 Live music performance: with David Sterry 2:45 Margaritaville Social 3:45 Entertain your Brain: Funny Trivia 4:30 Chit Chat Social By the waterfall 6:15 Film: Kate & Leopold | The Cliffs CARRIYAL PARTY JUNE 18 TH 10AM -4PM | 19 9:30 Literature & Language: Banned Books, Burned Books: Forbidden Literary Works, Fun Home: An All-Too-Graphic Memoir 10:15 Wellness Exercises: (Mind, Body & Soul) 11- Discussion Group: Debate School of New Jersey Ralph 1:30 American History: By One Vote: Woman Suffrage in the South 1:45 - 3:30 Bingo 3- Culture appreciation: The History of Juneteenth 3:30 Café & Story Time Spectaculars: Modoc 4:30 Silcom comedy: The Good Place Ep.3 6:15 Resident Film Choice: Donovan's Reef | 20 9:30 Literature & Language: 10 Great What-Is of American History: What I Lincoln Never Issued the Emancipation Proclamation? 10:20 Step Aerobics 11- Spiritual Enrichment: Catholic Service 11:15 Coffee Klatch With Marge 11:30 Facts of the Day: American Eagle 1:30 Audio Book Society: The Temple and the Lodge 1:45 Entertain your Brain: Emigration Test 3:30 Live music performance: Jay Daniels 4:30 Chit Chat Social Country Kitchen 6:15 Popcorn & Movie: Red Tails | 21 Summer Solstice 9:30 History in review-1810 Zachary Taylor and Richard Nixon marry their future first ladies 10:15 Chair Zumba 11-Disussion Group: Flamingos 1:30 The Personal Librarian of J.P. Morgan 1:45-3:30 BTNGO (inner Garden) 2:45 Coffee Talk: Entertain your Brain (If I could) 3:45 Music Appreciation: Bach: Cantalas BWV 65, 73, 81, 190.1 4-Spiritual Enrichment: Catholic Communion 6:15 Film: A Bridge Too Far |
| 22 9:30 Hymn Sing 10 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 10:30 Tasmania - Weird & Wonderful 1:30 1/2 around the Cliffs / Mozart: Symphony No. 41 Jupiter 2:30 Refreshments & Fellowship& Story of Elizabeth 3:30 Spiritual Enrichment: Worship Service: Global Harvest Fellowship, West Orange 6:15 Film: Peace River | 9:30 Exercise Class 10-Literature & Language: Greek 101: Learning an Ancient Language 10:45 Mini Bio: Bob Fosse in review 11:30 Music Appreciation: Music: Irish Tenors Ellis Island Concert 1:30 Entertain your Brain: Word Find 2:30 Nature & Ecology: What's Next: Can You be to rich? 3:30 Café & Story Time Spectaculars: Modoc 4:30 Chit Chat Social Country Kitchen 6:15 Film: The Walk | 9:30 Chair Yoga 10- Hymn Sing 10:30 Spiritual Enrichment: Prayer Circle with Donna 1:30 American History: Forgotten America: Rediscovering Events That Changed the Nation: Patton versus the Bonus March Veterans 1:45-3:30 Bingo 2:30 Culture appreciation: BAPS Swaminarayan Akshardham 2nd Largest Hindu Temple in World Virtual Tour 3:30 Café hour: Entertain your Brain (Midsummer Night's Dream) 4:30 Chit Chat Social By the waterfall 6:15 Film: Shakespeare in Love | 25 9:45 Muscle up - Calisthenics 10:45 Science Club- A Field Guide to the Planets: Earth: | 26 9:30 Literature & Language: Banned Books, Burned Books: Forbidden Literary Works, Contesting the Great American Novel 10:15 Wellness Exercises: (Mind, Body & Soul) 11- Artistic Learning -Landscapes 11-Music Appreciation: Nat King Cole BBC Concert 1:30 American History-Oregon Experience Broken Treaties 1:45 -3:30 Bingo 2:30 Art and Culture: Lecture with Michael Norris about Impressionism with a Woman's Touch: Mary Cassatt 3:30 Café & Story Time Spectaculars: Modoc 4:30 Sitcom comedy: The Good Place Ep.4 | 27 9:30 Literature & Language: 10 Great What-Is of American History: What If the Salem Witch Trials Never Happened? 10:20 Step Aerobics 11 Spiritual Enrichment: Catholic Service 11:15 Coffee Klatch With Marge 11:30 Facts of the Day: Helen Keller 1:30 Culture appreciation: Virtual Tour of Ireland 2:30 June Birthday Celebration 3:30 Audio Book Society: The Temple and the Lodge 3:45 Entertain your Brain: Definition Word Game 4:30 Chit Chat Social Country Kitchen 6:15 Popcorn & Movie: The Adjustment Bureau | 9:30 History in review-1969 The Stonewall Riots begin in NYC's Greenwich Village 10:15 Chair Zumba 11- Discussion Group: Lion 1:30 Canada: More Surprising Than You Think 1:45- 3:30 BINGO (inner Garden) 2:30 News Current: Scheme with Debbie 3:45 1/2 Lap around the Cliffs 4- Spiritual Enrichment: Catholic Communion 6:15 Film: All Quiet On The Western Front |
| 29 9:30 Hymn Sing 10 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 11 Wild Italy Part 1: Volcanic Waters 1:30 1/2 around the Cliffs / Mozart: Requiem 2:30 Refreshments & fellowship & Story of Rahab 3:30 Spiritual Enrichment: Worship Service: First Baptist Church, Bloomfield 6:15 Film: Heidi | 30 9:30 Exercise Class 10-Literature & Language: Greek 101: Learning an Ancient Language 10:45 Mini Bio: Lena Horne in review 11:30 Music Appreciation: Music: Barbacoa 1:30 Entertain your Brain: what comes next? 2:30 Nature & Ecology: What's Next: Can we Outsmart Disease? 3:45 Café & Story Time Spectaculars: Modoc 4:30 Chit Chat Social Country Kitchen | | Jule | THE Calenda | r of Events | Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you |

6:30 Live music performance: Brass Fedora