


# December 2024

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|---|--|--|--|--|--|--|
| <p>1 9:00 Cluster Grouping</p> <p>9:15 Hymn Sing</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Adult Coloring</p> <p>1:15 Cluster Grouping</p> <p>1:45 Puzzles</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Church Service AL / or Table Reading -Genesis CH -1/4</p> <p>4:00 5 Minute Breathing Exercise (Guided Meditation)</p> <p>6:00 Musical Reminisce</p> <p>7:00 PM Care &amp; Refreshments</p> | <p>2 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Make your own PB&amp;J</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Famous Faces Story Time</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical Reminisce</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>3 Advent Begins</p> <p>9:00 Cluster Grouping</p> <p>9:30 Painting and Puzzles</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kickball Game</p> <p>1:15 Cluster Grouping</p> <p>1:45 Rhythm and Rhyme</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing along</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>4 9:00 Cluster Grouping</p> <p>9:30 Parachute to Bill Haley</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Indoor Walking</p> <p>1:15 Cluster Grouping</p> <p>1:45 Threading and Knotting</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Hot Cocoa and a Holiday story</p> <p>4:30 Musical Reminisce</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>5 9:00 Cluster Grouping</p> <p>9:30 Bowling</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Name 5</p> <p>1:15 Cluster Grouping</p> <p>1:45 Baking Club</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 I Hear Memories</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>6 St Nicholas Day</p> <p>9:00 Cluster Grouping</p> <p>9:30 Bend &amp; Stretch</p> <p>10:15 Hydration &amp; Refreshments</p> <p>10:30 Feast of St. Nicolas Mass with Father Brain AL</p> <p>11:15 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Nail Care Friday's</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Group Game (Sequence of events)</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p> | <p>7 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kids say the darnedest things</p> <p>1:15 Cluster Grouping</p> <p>1:45 Junk Drawer Detective</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing -along</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p>                          |
| <p>8 9:00 Cluster Grouping</p> <p>9:15 Hymn Sing</p> <p>10:15 Hydration &amp; Refreshments</p> <p><i>11:00 Live Performance by the Broadway Curlers AL</i></p> <p>1:15 Cluster Grouping</p> <p>1:45 Clue Game (what goes in order)</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Church Service AL/ or</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>9 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p><i>1:30 Residents Council Meeting AL</i></p> <p>1:45 Make your own PB&amp;J</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Famous Faces Story Time</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical Reminisce</p> <p>7:00 PM Care &amp; Refreshments</p>                           | <p>10 9:00 Cluster Grouping</p> <p>9:30 Painting and Puzzles</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kickball Game</p> <p>1:15 Cluster Grouping</p> <p>1:45 Rhythm and Rhyme</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing along</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>11 9:00 Cluster Grouping</p> <p>9:30 Parachute to Bill Haley</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Indoor Walking</p> <p>1:15 Cluster Grouping</p> <p>1:45 Threading and knotting</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Hot Cocoa and a Holiday story</p> <p>4:30 Musical Reminisce</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>12 9:00 Cluster Grouping</p> <p>9:30 Bowling</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Name 5</p> <p>1:15 Cluster Grouping</p> <p>1:45 Baking Club or</p> <p><i>2:00 Live Music with Jay Daniels AL</i></p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 I Hear Memories</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p> | <p>13 9:00 Cluster Grouping</p> <p>9:30 Bend &amp; Stretch</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Nail Care Friday's</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Group Game (Sequence of events)</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>14 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kids say the darnedest things</p> <p>1:15 Cluster Grouping</p> <p>1:45 Junk Drawer Detective</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing -along</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p>                         |
| <p>15 9:00 Cluster Grouping</p> <p>9:15 Hymn Sing</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Table Tennis</p> <p>1:15 Cluster Grouping</p> <p>2:30 Hydration &amp; Refreshments</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>16 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Make your own PB&amp;J Or</p> <p><i>2pm Live Music with Richard Stillman Holiday Concert AL</i></p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Famous Faces Story Time</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical Reminisce</p> <p>7:00 PM Care &amp; Refreshments</p> | <p>17 9:00 Cluster Grouping</p> <p>9:30 Painting and Puzzles</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kickball Game</p> <p>1:15 Cluster Grouping</p> <p>1:45 Rhythm and Rhyme</p> <p>2:30 Hydration &amp; Refreshments or/</p> <p><i>2:30 Live Music with Gigi AL</i></p> <p>3:30 Sing along</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>18 9:00 Cluster Grouping</p> <p>9:30 Parachute to Bill Haley</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Indoor Walking</p> <p>1:15 Cluster Grouping</p> <p>1:45 Threading and knotting</p> <p>2:30 Hydration &amp; Refreshments &amp; Music therapy with Frederick</p> <p>3:30 Hot Cocoa and a Holiday story</p> <p>4:30 Musical Reminisce</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p>                                   | <p>19 9:00 Cluster Grouping</p> <p>9:30 Bowling</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Name 5</p> <p>1:15 Cluster Grouping</p> <p>1:45 Baking Club</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 I Hear Memories</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>20 9:00 Cluster Grouping</p> <p>9:30 Bend &amp; Stretch</p> <p>10:00- 11:00 Music Therapy with Gabrielle</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Nail Care Friday's</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Group Game (Sequence of events)</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>                                  | <p>21 Winter Solstice</p> <p>9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kids say the darnedest things</p> <p>1:15 Cluster Grouping</p> <p>1:45 Build your own snowman</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing -along</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p> |
| <p>22 9:00 Cluster Grouping</p> <p>9:15 Hymn Sing</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Cornhole Toss</p> <p>1:15 Cluster Grouping</p> <p>2:30 Hydration &amp; Refreshments</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>23 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Make your own PB&amp;J</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Famous Faces Story Time</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical Reminisce</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>24 Christmas Eve</p> <p>9:00 Cluster Grouping</p> <p>9:30 Painting and Puzzles</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kickball Game</p> <p>1:15 Cluster Grouping</p> <p>1:45 Rhythm and Rhyme</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing along</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>25 Merry Christmas</p> <p>9:00 Cluster Grouping</p> <p>9:30 Parachute to Bill Haley</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Indoor Walking</p> <p>1:15 Cluster Grouping</p> <p>1:45 Threading and knotting</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Hot Cocoa and the story of Chanukah</p> <p>4:35 First Night of Chanukah</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p> <p>Hanukkah Begins at Sundown</p> | <p>26 Kwanzaa</p> <p>9:00 Cluster Grouping</p> <p>9:30 Bowling</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Name 5</p> <p>1:15 Cluster Grouping</p> <p>1:45 Baking Club</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 I Hear Memories</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>                                       | <p>27 9:00 Cluster Grouping</p> <p>9:30 Bend &amp; Stretch</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Nail Care Friday's</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Group Game (Sequence of events)</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>   | <p>28 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kids say the darnedest things</p> <p>1:15 Cluster Grouping</p> <p>1:45 Junk Drawer Detective</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing -along</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical</p> <p>7:00 PM Care &amp; Refreshments</p>                         |
| <p>29 9:00 Cluster Grouping</p> <p>9:15 Hymn Sing</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Happy Hands Exercise</p> <p>1:15 Cluster Grouping</p> <p>2:30 Hydration &amp; Refreshments</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>30 9:00 Cluster Grouping</p> <p>9:30 Balloon Tennis</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:00 Holiday Sing along Bell-along</p> <p>1:15 Cluster Grouping</p> <p>1:45 Make your own PB&amp;J</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Famous Faces Story Time</p> <p>4:30 Aromatherapy and Hand Massage</p> <p>6:00 Musical Reminisce</p> <p>7:00 PM Care &amp; Refreshments</p>  | <p>31 New Year's Eve</p> <p>9:00 Cluster Grouping</p> <p>9:30 Painting and Puzzles</p> <p>10:15 Hydration &amp; Refreshments</p> <p>11:15 Kickball Game</p> <p>1:15 Cluster Grouping</p> <p>1:45 Rhythm and Rhyme</p> <p>2:30 Hydration &amp; Refreshments</p> <p>3:30 Sing along</p> <p>4:30 Hand Exercises &amp;5- Minute Meditation</p> <p>6:00 Musical Breathing</p> <p>7:00 PM Care &amp; Refreshments</p>  |  |  |  |  |

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# December 2024

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |   |
|---|--|--|---|---|--|--|---|
| <b>1</b><br>9:15 Aromatherapy & Hymns<br>10:30 Hydration & Refreshments<br>11 am One On One Balloon Toss<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:00 Andre Rieu & Happy Hands Massage  | <b>2</b><br>10:00 Picture Reminisce<br>10:30 Hydration & Refreshments<br>11:00 Happy Hand Exercise<br>2:30 Hydration & Refreshments<br>3:00 Sensory Blanket Time<br>4:00 Songs from the Heart                    | <b>3</b> Advent Begins<br>10:00 Faces & Places Circle<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment –Manicures<br>Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 One on One Volleyball Game<br>4:00 Music reminisce  | <b>4</b><br>10:00 Sensory Blanket Time<br>10:30 Hydration & Refreshments<br>11:00 Spa &Relaxation Program :<br>With Music & Hand Massage<br>with Healthy Snack<br>3:00 Fabric Folding<br>4:00 Musical Song                  | <b>5</b><br>10 :00 Senses Group<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Head,<br>Shoulders, Knees & Toes Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 Smoothing Sounds , and touch Sensations<br>4:00 Classical Musical                             | <b>6</b> St Nicholas Day<br>9:15 Picture Book Memory Lane<br>10:30 Hydration & Refreshments<br>11:00 Hand Massage & Aromatherapy<br>1:30 Music and Relaxation<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:30 Classic Musical | <b>7</b><br>10:00 Mood Picture Circle &<br>the Sounds of Glenn Miller<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Facials Music & Massage<br>2:30 Hydration & Refreshments<br>3:30 Hand Exercise<br>4:00 Sunshine in the Garden                   |   |
| <b>8</b><br>9:15 Aromatherapy & Hymns<br>10:30 Hydration & Refreshments<br>11 am One On One Balloon Toss<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:00 Andre Rieu & Happy Hands Massage  | <b>9</b> Christmas Card Day<br>10:00 Picture Reminisce<br>10:30 Hydration & Refreshments<br>11:00 Happy Hand Exercise<br>2:30 Hydration & Refreshments<br>3:00 Sensory Blanket Time<br>4:00 Songs from the Heart | <b>10</b><br>10:00 Faces & Places Circle<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment –Manicures<br>Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 One on One Volleyball Game<br>4:00 Music reminisce   | <b>11</b><br>10:00 Sensory Blanket Time<br>10:30 Hydration & Refreshments<br>11:00 Spa &Relaxation Program :<br>With Music & Hand Massage<br>with Healthy Snack<br>3:00 Fabric Folding<br>4:00 Musical Song                 | <b>12</b> Gingerbread Decorating Day<br>10 :00 Senses Group<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Head,<br>Shoulders, Knees & Toes Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 Smoothing Sounds , and touch Sensations<br>4:00 Classical Musical | <b>13</b><br>9:15 Picture Book Memory Lane<br>10:30 Hydration & Refreshments<br>11:00 Hand Massage & Aromatherapy<br>1:30 Music and Relaxation<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:30 Classic Musical                | <b>14</b><br>10:00 Mood Picture Circle &<br>the Sounds of Whitney Houston<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Facials Music & Massage<br>2:30 Hydration & Refreshments<br>3:30 Hand Exercise<br>4:00 Sunshine in the Garden               |   |
| <b>15</b><br>9:15 Aromatherapy & Hymns<br>10:30 Hydration & Refreshments<br>11 am One On One Balloon Toss<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:00 Andre Rieu & Happy Hands Massage | <b>16</b><br>10:00 Picture Reminisce<br>10:30 Hydration & Refreshments<br>11:00 Happy Hand Exercise<br>2:30 Hydration & Refreshments<br>3:00 Sensory Blanket Time<br>4:00 Songs from the Heart                   | <b>17</b><br>10:00 Faces & Places Circle<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment –Manicures<br>Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 One on One Volleyball Game<br>4:00 Music reminisce   | <b>18</b><br>10:00 Sensory Blanket Time<br>10:30 Hydration & Refreshments<br>11:00 Spa &Relaxation Program :<br>With Music & Hand Massage<br>with Healthy Snack<br>3:00 Fabric Folding<br>4:00 Musical Song                 | <b>19</b><br>10 :00 Senses Group<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Head,<br>Shoulders, Knees & Toes Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 Smoothing Sounds , and touch Sensations<br>4:00 Classical Musical                            | <b>20</b><br>9:15 Picture Book Memory Lane<br>10:30 Hydration & Refreshments<br>11:00 Hand Massage & Aromatherapy<br>1:30 Music and Relaxation<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:30 Classic Musical                | <b>21</b> Winter Solstice<br>10:00 Mood Picture Circle &<br>the Sounds of Liza Minnelli<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Facials Music & Massage<br>2:30 Hydration & Refreshments<br>3:30 Hand Exercise<br>4:00 Sunshine in the Garden |   |
| <b>22</b><br>9:15 Aromatherapy & Hymns<br>10:30 Hydration & Refreshments<br>11 am One On One Balloon Toss<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:00 Andre Rieu & Happy Hands Massage | <b>23</b><br>10:00 Picture Reminisce<br>10:30 Hydration & Refreshments<br>11:00 Happy Hand Exercise<br>2:30 Hydration & Refreshments<br>3:00 Sensory Blanket Time<br>4:00 Songs from the Heart                   | <b>24</b> Christmas Eve<br>10:00 Faces & Places Circle<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment –Manicures<br>Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 One on One Volleyball Game<br>4:00 Music reminisce  | <b>25</b> Merry Christmas<br>10:00 Sensory Blanket Time<br>10:30 Hydration & Refreshments<br>11:00 Spa &Relaxation Program :<br>With Music & Hand Massage<br>with Healthy Snack<br>3:00 Fabric Folding<br>4:00 Musical Song | <b>26</b> Kwanzaa<br>10 :00 Senses Group<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Head,<br>Shoulders, Knees & Toes Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 Smoothing Sounds , and touch Sensations<br>4:00 Classical Musical                    | <b>27</b><br>9:15 Picture Book Memory Lane<br>10:30 Hydration & Refreshments<br>11:00 Hand Massage & Aromatherapy<br>1:30 Music and Relaxation<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:30 Classic Musical                | <b>28</b><br>10:00 Mood Picture Circle &<br>the Sounds of Doris Day<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment – Facials Music & Massage<br>2:30 Hydration & Refreshments<br>3:30 Hand Exercise<br>4:00 Sunshine in the Garden                     |   |
| <b>29</b><br>9:15 Aromatherapy & Hymns<br>10:30 Hydration & Refreshments<br>11 am One On One Balloon Toss<br>2:00 Sorting & Exploring<br>2:30 Hydration & Refreshments<br>3:00 Andre Rieu & Happy Hands Massage | <b>30</b><br>10:00 Picture Reminisce<br>10:30 Hydration & Refreshments<br>11:00 Happy Hand Exercise<br>2:30 Hydration & Refreshments<br>3:00 Sensory Blanket Time<br>4:00 Songs from the Heart                   | <b>31</b> New Year's Eve<br>10:00 Faces & Places Circle<br>10:30 Hydration & Refreshments<br>11:00 Spa Treatment –Manicures<br>Music & Relaxation<br>2:30 Hydration & Refreshments<br>3:00 One on One Volleyball Game<br>4:00 Music reminisce  |   |   |  |  | <b>Disclaimer:</b><br>Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/and cancellation of trips. Thank you |