



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE CLIFFS	2024	1 10:00 Faces & Places Circle 10:30 Hydration & Refreshments 11:00 Spa Treatment -Manicures Music & Relaxation 2:30 Hydration & Refreshments 3:00 One on One Volleyball Game 4:00 Music reminisce	2 10:00 Sensory Blanket Time 10:30 Hydration & Refreshments 11:00 Spa &Relaxation Program: With Music & Hand Massage with Healthy Snack 3:00 Fabric Folding 4:00 Musical Song	3 10:00 Sort &Fold 10:30 Hydration & Refreshments 11:00 Range of Motion 2:30 Hydration & Refreshments 3:00 Sensory Circle 4:00 Music reminisce	4 10:00 Senses Group 10:30 Hydration & Refreshments 11:00 Spa Treatment - Head, Shoulders, Knees & Toes Music & Relaxation 2:30 Hydration & Refreshments 3:00 Smoothing Sounds, and touch Sensations 4:00 Classical Musical	5 10:00 Mood Picture Circle & the Sounds of Glenn Miller 10:30 Hydration & Refreshments 11:00 Spa Treatment - Facials Music & Massage 2:30 Hydration & Refreshments 3:30 Hand Exercise 4:00 Sunshine in the Garden
6 10:00 Sensory Table 10:30 Hydration & Refreshments 11:00 Hand Massage & Aromatherapy Music and Relaxation 2:30 Hydration & Refreshments 3:00 Sorting & Exploring 4:00 Andre Rieu & Happy Hands Massage	7 10:00 Picture Reminisce 10:30 Hydration & Refreshments 11:00 Happy Hand Exercise 2:30 Hydration & Refreshments 3:00 Sensory Blanket Time 4:00 Songs from the Heart	8 10:00 Faces & Places Circle 10:30 Hydration & Refreshments 11:00 Spa Treatment -Manicures Music & Relaxation 2:30 Hydration & Refreshments 3:00 One on One Volleyball Game 4:00 Music reminisce	9 10:00 Sensory Blanket Time 10:30 Hydration & Refreshments 11:00 Spa &Relaxation Program: With Music & Hand Massage with Healthy Snack 3:00 Fabric Folding 4:00 Musical Song	10 10:00 Sort &Fold 10:30 Hydration & Refreshments 11:00 Range of Motion 2:30 Hydration & Refreshments 3:00 Sensory Circle 4:00 Music reminisce	11 10:00 Senses Group 10:30 Hydration & Refreshments 11:00 Spa Treatment - Head, Shoulders, Knees & Toes Music & Relaxation 2:30 Hydration & Refreshments 3:00 Smoothing Sounds, and touch Sensations	12 10:00 Mood Picture Circle & the Sounds of Count Basie 10:30 Hydration & Refreshments 11:00 Spa Treatment - Facials Music & Massage 2:30 Hydration & Refreshments 3:30 Hand Exercise 4:00 Sunshine in the Garden
13 10:00 Sensory Table 10:30 Hydration & Refreshments 11:00 Hand Massage & Aromatherapy Music and Relaxation 2:30 Hydration & Refreshments 3:00 Sorting & Exploring 4:00 Andre Rieu & Happy Hands	14 10:00 Picture Reminisce 10:30 Hydration & Refreshments 11:00 Happy Hand Exercise 2:30 Hydration & Refreshments 3:00 Sensory Blanket Time 4:00 Songs from the Heart	15 10:00 Faces & Places Circle 10:30 Hydration & Refreshments 11:00 Spa Treatment -Manicures	16 10:00 Sensory Blanket Time 10:30 Hydration & Refreshments 11:00 Spa &Relaxation Program: With Music & Hand Massage with Healthy Snack 3:00 Fabric Folding 4:00 Musical Song	17 10:00 Sort &Fold 10:30 Hydration & Refreshments 11:00 Range of Motion 2:30 Hydration & Refreshments 3:00 Sensory Circle 4:00 Music reminisce	18 10:00 Senses Group 10:30 Hydration & Refreshments 11:00 Spa Treatment - Head, Shoulders, Knees & Toes Music & Relaxation 2:30 Hydration & Refreshments 3:00 Smoothing Sounds, and touch Sensations	19 10:00 Mood Picture Circle & the Sounds of David Brubeck 10:30 Hydration & Refreshments 11:00 Spa Treatment - Facials Music & Massage 2:30 Hydration & Refreshments 3:30 Hand Exercise 4:00 Sunshine in the Garden
20 10:00 Sensory Table 10:30 Hydration & Refreshments 11:00 Hand Massage & Aromatherapy Music and Relaxation 2:30 Hydration & Refreshments 3:00 Sorting & Exploring 4:00 Andre Rieu & Happy Hands	21 10:00 Picture Reminisce 10:30 Hydration & Refreshments 11:00 Happy Hand Exercise 2:30 Hydration & Refreshments 3:00 Sensory Blanket Time 4:00 Songs from the Heart	10:00 Faces & Places Circle 10:30 Hydration & Refreshments 11:00 Spa Treatment -Manicures	23 10:00 Sensory Blanket Time 10:30 Hydration & Refreshments 11:00 Spa &Relaxation Program: With Music & Hand Massage with Healthy Snack 3:00 Fabric Folding 4:00 Musical Song	24 10:00 Sort &Fold 10:30 Hydration & Refreshments 11:00 Range of Motion 2:30 Hydration & Refreshments 3:00 Sensory Circle 4:00 Music reminisce	25 10:00 Senses Group 10:30 Hydration & Refreshments 11:00 Spa Treatment - Head, Shoulders, Knees & Toes Music & Relaxation 2:30 Hydration & Refreshments 3:00 Smoothing Sounds, and touch Sensations	26 10:00 Mood Picture Circle & the Sounds of Duke Ellington 10:30 Hydration & Refreshments 11:00 Spa Treatment - Facials Music & Massage 2:30 Hydration & Refreshments 3:30 Hand Exercise 4:00 Sunshine in the Garden
27 10:00 Sensory Table 10:30 Hydration & Refreshments 11:00 Hand Massage & Aromatherapy Music and Relaxation 2:30 Hydration & Refreshments 3:00 Sorting & Exploring 4:00 Andre Rieu & Happy Hands	28 10:00 Picture Reminisce 10:30 Hydration & Refreshments 11:00 Happy Hand Exercise 2:30 Hydration & Refreshments 3:00 Sensory Blanket Time 4:00 Songs from the Heart	29 10:00 Faces & Places Circle 10:30 Hydration & Refreshments 11:00 Spa Treatment -Manicures	30 10:00 Sensory Blanket Time 10:30 Hydration & Refreshments 11:00 Spa &Relaxation Program: With Music & Hand Massage with Healthy Snack 3:00 Fabric Folding 4:00 Musical Song	31 10:00 Sort &Fold 10:30 Hydration & Refreshments 11:00 Range of Motion 2:30 Hydration & Refreshments 3:00 Sensory Circle 4:00 Music reminisce	The Haven Calendar of Event Cluster Group D&C	Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to un programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you