

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
  <h1 style="color: #E67E22;">Calendar of Events</h1>						<p>1 9:00 Morning News</p> <p>9:45 25 Best National Parks in the USA</p> <p>10:30 Balance & Stretch Class</p> <p>11:00 Discovery Corner-The Gorilla</p> <p>1:30 Circle of Friends with Irene</p> <p>2:45 Earth's Changing Climate- Is Earth Warming?</p> <p>3:30 Crossword Group Challenge</p> <p>4:30 Classical Music- Mozart, Clarinet Concerto or / Partner Path walk</p> <p>6:15 Movie Night—Somewhere in Time</p>	<p>2 Mahatma Gandhi Birthday</p> <p>9:00 Morning News</p> <p>9:45 Zumba Class</p> <p>10:30 Why are sloths so slow (Discussion Group)</p> <p>11:30 Karaoke Party</p> <p>1:30 The Cliffs continued ED class- The journey to Pluto, the farthest world ever explored</p> <p>1:45 BINGO , Card Games & Checkers oh my !</p> <p>2:45 Hot apple Cider & Q&A</p> <p>3:45 The Funniest Moments of the Century</p> <p>4:30 Afternoon Reflection</p> <p>6:15 New Movie— For Whom the Bell Tolls</p>
<p>3 9:00 Songs of Praise</p> <p>9:45 Gentle Stretch</p> <p>10:00 Discussion Group - Isiah</p> <p>10:30 Hymn Sing</p> <p>11:00 Televised Catholic Mass</p> <p>1:30 Classical Concert-Mozart- Flute and Harp Concerto K299</p> <p>1:45 Bible Trivia</p> <p>3:30 Worship Service with First Baptist Church Caldwell</p> <p>4:30 Fellowship & Refreshments</p> <p>6:15 Classic Movie Night- Quo Vadis</p>	<p>4 St. Francis of Assisi</p> <p>9:00 Morning News</p> <p>9:45 A.M Stretch with Weights</p> <p>10:30 Cultural Lecture Series - Earliest History of the Indian Subcontinent</p> <p>10:45 Creative Painting</p> <p>1:30 Resident Council Meeting</p> <p>3:00 Audio Book Club—Becoming By Michelle Obama</p> <p>3:30 OCTOBER WORD PICTURE</p> <p>3:45 Greatest Sports Legends - Olympic Gold Medal Champions</p> <p>6:15 Romance/Drama Movie Night -Casablanca</p>	<p>5 9:00 Morning News</p> <p>9:30 Stretch & Flex</p> <p>10:00 Visiting Harp with Frederick</p> <p>10:30 Autumn Munch & Mingle</p> <p>11:30 On this day in History Dalai Lama wins Nobel Peace Prize</p> <p>1:45 The Life & Work of Marie Curie</p> <p>2:00 Group Scrabble Game</p> <p>3:00 Documentary& Discussion Are There Other Earths?</p> <p>3:45 Oktoberfest Social</p> <p>4:30 Prayer Circle</p> <p>6:15 B&W Movie night -A Streetcar Named Desire</p>	<p>6 National Mad Hatter Day</p> <p>9:00 Morning News</p> <p>9:30 Televised Mid Week Catholic / watercolor class</p> <p>10:00 Ballet Stretch</p> <p>10:30 The History and Archaeology of the Bible The Settlement in the Promised Land or</p> <p>10:45 Autumn Magazine Scavenger hunt</p> <p>1:30 Mad Hatter Social</p> <p>2:30 Chicken Soup for the Soul with Frederick</p> <p>3:30 Autumn Partner Path Walk</p> <p>3:45 Group Singalong with Frederick</p> <p>4:45 Afternoon Reflection</p> <p>6:15 Comedy Movie Night—Nine to Five</p>	<p>7 Hindu holiday -Navratri</p> <p>9:00 Morning News</p> <p>9:45 Standing Exercise /& Weights</p> <p>10:30 Group Puzzles</p> <p>10:45 Literature Series -The Real Life of Lewis Carroll</p> <p>11:00 Autumn Stroll</p> <p>1:30 New York: Hudson River to New York</p> <p>2:00 BIBLE STUDY WITH REV. RIVERS</p> <p>3:00 Carol Burnett show (CK)</p> <p>3:30 BINGO!! (AC)</p> <p>4:30 Autumn Stroll (Group Nature Walk)</p> <p>6:15 literary adaptation movie night -Vanity Fair</p>	<p>8 9:00 Morning News</p> <p>9:45 21 Best Places in Southeast Asia</p> <p>10:30 Balance & Stretch Class</p> <p>11:00 Historical Events & News Currents with Debbie</p> <p>1:45 Creative Expression - Claude Monet</p> <p>2:45 Earth's Changing Climate- Butterflies, Glaciers, and Hurricanes</p> <p>3:00 Creative Painting</p> <p>4:30 Classical Music 3rd Piano Concerto in C minor (Opus 37) or / Partner Path walk</p> <p>6:15 Movie Night -Gone with the Wind 1/2</p>	<p>9 Leif Erikson Day</p> <p>9:00 Morning News</p> <p>9:45 Zumba Class</p> <p>10:30 News Currents & Coffee (CK)</p> <p>11:30 Karaoke Party</p> <p>1:30 The Cliffs continued ED class -Unacknowledged An Expose of the World's Greatest Secret</p> <p>1:45 BINGO !!</p> <p>2:45 Trivial Pursuit</p> <p>3:45 Kids Say the Darndest Things</p> <p>4:30 Afternoon Reflection</p> <p>6:15 New Movie - Gone with the Wind 1/2</p>	
<p>10 Simchat Torah</p> <p>9:00 Songs of Praise</p> <p>9:45 Gentle Stretch</p> <p>10:00 Discussion Group—Judah</p> <p>10:30 Hymn Sing</p> <p>11:00 Televised Catholic Mass</p> <p>1:30 Classical Concert—Wolfgang Amadeus Mozart: Flute Concerto no. 1</p> <p>1:45 Popular biblical meaning & sayings</p> <p>3:30 Worship Service with First Baptist Church Passaic</p> <p>4:30 Fellowship & Refreshments</p> <p>6:15 Classic Movie Night- Noah</p>	<p>11 Columbus Day</p> <p>9:00 Morning News</p> <p>9:45 A.M Stretch with Weights</p> <p>10:30 Who was Christopher Columbus</p> <p>10:45 Creative Painting</p> <p>1:45 Cultural Lecture Series—Migration and the Adivas</p> <p>2:00 Group Word Search</p> <p>3:00 Audio Book Club—Becoming By Michelle Obama</p> <p>3:30 American Experience: The Boys of '36 or</p> <p>3:45 This was the Year 1940</p> <p>6:15 Romance/Drama Movie Night-Titanic</p>	<p>12</p> <p style="text-align: center;"><i>The Cliffs Booster Vaccination Day!</i></p> <p style="text-align: center;">Note: All programs will be held on the 2nd fl</p>	<p>13 9:00 Morning News</p> <p>9:30 Televised Mid Week Catholic / Group Puzzle</p> <p>10:00 Ballet Stretch</p> <p>10:30 The History and Archaeology of the Bible The Rise of the Israelite or</p> <p>10:45 Timeless Trivia (Group Challenge)</p> <p>1:30 The Cliffs buzzer Challenge</p> <p>2:30 Men's Group with Frederick</p> <p>2:45 Tea Party & Craft</p> <p>3:30 Autumn Partner Path Walk</p> <p>3:45 Live Entertainment with Jay Daniels</p> <p>4:45 Afternoon Reflection</p> <p>6:15 Comedy Movie Night -Nothing in Common</p>	<p>14 9:00 Morning News</p> <p>9:45 Standing Exercise /& Weights</p> <p>10:30 Creative Painting</p> <p>10:45 Literature Series- William Shakespeare</p> <p>11:00 Autumn Stroll</p> <p>1:30 Massachusetts: New Bedford to Provincetown</p> <p>2:00 BIBLE STUDY WITH REV. RIVERS</p> <p>3:00 Carol Burnett show (CK)</p> <p>3:30 BINGO!! (AC)</p> <p>4:30 Autumn Stroll (Group Nature Walk)</p> <p>6:15 Literary adaptation movie night BREAKFAST AT TIFFANY'S</p>	<p>15 9:00 Morning News</p> <p>9:45 25 Best Places n Eastern Europe</p> <p>10:30 Balance & Stretch Class</p> <p>11:00 The Survival of the Sea Turtle Discussion Group</p> <p>1:30 Circle of Friends with Irene</p> <p>2:45 Earth's Changing Climate- Ice Ages and Beyond</p> <p>3:30 True or False Team Challenge</p> <p>4:30 Classical Music 2nd Piano Concerto in B-flat major (Opus 19) or / Partner Path walk</p> <p>6:15 Movie Night -Medicine Man</p>	<p>16 9:00 Morning News</p> <p>9:45 Zumba Class</p> <p>10:30 How does a Jellyfish sting?</p> <p>11:30 Karaoke Party</p> <p>1:30 The Cliffs continued ED class—Venus Death of a Planet</p> <p>1:45 BINGO , Card Games & Checkers oh my !</p> <p>2:45 Word Game</p> <p>3:45 The Funniest Moments of the Century</p> <p>4:30 Afternoon Reflection</p> <p>6:15 New Movie - Many Rivers To Cross</p>	
<p>17 9:00 Songs of Praise</p> <p>9:45 Gentle Stretch</p> <p>10:00 Discussion Group —Levi</p> <p>10:30 Hymn Sing</p> <p>11:00 Televised Catholic Mass</p> <p>1:30 Classical Concert- Mendelssohn: 5. Sinfonie</p> <p>1:45 Word in a Word challenge</p> <p>3:30 Worship Service with First Baptist Church Arlington</p> <p>4:30 Fellowship & Refreshments</p> <p>6:15 Classic Movie Night- Mary Magdalene</p>	<p>18 9:00 Morning News</p> <p>9:45 A.M Stretch with Weights</p> <p>10:30 Cultural Lecture Series- Indus Valley Civilization</p> <p>10:45 Creative Painting</p> <p>1:45 A candid look: The Hedy Lamarr Story</p> <p>2:00 Group Clue Challenge</p> <p>3:00 Audio Book Club—Becoming By Michelle Obama</p> <p>3:30 Tiger Woods: Achieving Greatness or</p> <p>3:45 Person, Place or Thing</p> <p>6:15 Romance/Drama Movie Night -Brooklyn</p>	<p>19 9:00 Morning News</p> <p>9:30 Stretch & Flex</p> <p>10:00 Visiting Harp with Frederick</p> <p>10:30 Autumn Munch & Mingle</p> <p>11:30 On this day in history -Napoleon retreats from Moscow</p> <p>12:45 Annual Leaves Trip</p> <p>1:45 Opera Club-Giuseppe Verdi - Aida act 1&2</p> <p>2:00 Discovery Corner— The Shark</p> <p>3:00 Documentary& Discussion -Finding Atlantis</p> <p>3:45 Prayer Circle</p> <p>4:45 Afternoon Reflection</p> <p>6:15 B&W Movie night -The Last Picture Show</p>	<p>20 International Sloth Day</p> <p>9:00 Morning News</p> <p>9:30 Televised Mid Week Catholic / watercolor class</p> <p>9:45 Ballet Stretch</p> <p>10:30 The History and Archaeology of the Bible The Kingdom of David or</p> <p>10:45 Bulletin Board Trivia</p> <p>2:30 Chicken Soup for the Soul with Frederick</p> <p>3:30 Autumn Partner Path Walk</p> <p>3:45 Group Singalong with Frederick</p> <p>4:45 Afternoon Reflection</p> <p>6:15 Comedy Movie Night -Father of the Bride</p>	<p>21 9:00 Morning News</p> <p>9:45 Standing Exercise /& Weights</p> <p>10:30 Group Puzzle</p> <p>10:45 Literature Series -The Making of Snow White</p> <p>11:00 Autumn Stroll</p> <p>1:30 New York State at Lake Champlain</p> <p>2:00 BIBLE STUDY WITH REV. RIVERS</p> <p>3:00 Carol Burnett show (CK)</p> <p>3:30 BINGO!! (AC)</p> <p>4:30 Autumn Stroll (Group Nature Walk)</p> <p>6:15 Literary adaptation movie night -Persuasion</p>	<p>22 9:00 Morning News</p> <p>9:45 17 Most Beautiful Islands in the World</p> <p>10:30 Balance & Stretch Class</p> <p>11:00 Historical Events & News Currents with Debbie</p> <p>1:30 Earth's Changing Climate- In the Greenhouse</p> <p>1:45 Creative Expression -</p> <p>2:30 Live Entertainment - Music "N" Motion</p> <p>3:00 Group Scrabble Challenge</p> <p>4:30 Classical Music 1st Piano Concerto in C major (Opus 15) or / Partner Path walk</p> <p>6:15 Movie Night— Marnie</p>	<p>23 9:00 Morning News</p> <p>9:45 Zumba Class</p> <p>10:30 News Currents & Coffee (CK)</p> <p>11:30 Karaoke Party</p> <p>1:30 The Cliffs continued ED class -The Universe: Countless Wonders of the Milky Way</p> <p>1:45 BINGO</p> <p>2:45 Café & Name That Tune</p> <p>3:45 Kids Say the Darndest Things</p> <p>4:30 Afternoon Reflection</p> <p>6:15 New Movie - Testament of Youth</p>	
<p>24 9:00 Songs of Praise</p> <p>9:45 Gentle Stretch</p> <p>10:00 Discussion Group -Abel</p> <p>10:30 Hymn Sing</p> <p>11:00 Televised Catholic Mass</p> <p>1:30 Classical Concert- Mahler: 6. Sinfonie</p> <p>1:45 Bible Trivia</p> <p>3:30 Worship Service with First Baptist Peddie Memorial Church</p> <p>4:30 Fellowship & Refreshments</p> <p>6:15 Classic Movie Night- An Interview With God</p>	<p>25 9:00 Morning News</p> <p>9:45 A.M Stretch with Weights</p> <p>10:30 Cultural Lecture Series- Indo-European Vedic Culture</p> <p>10:45 Creative Painting</p> <p>1:45 The Mind Explained -Mindfulness</p> <p>2:00 Who said that ? (Word Game)</p> <p>3:00 Audio Book Club - Becoming By Micelle Obama</p> <p>3:30 Nadia Comăneci: The Gymnast and the Dictator</p> <p>3:45 October Birthday QUIZ</p> <p>6:15 Romance/Drama Movie Night-Ophelia</p>	<p>26 9:00 Morning News</p> <p>9:30 Stretch & Flex</p> <p>10:00 Visiting Harp with Frederick</p> <p>10:30 Autumn Munch & Mingle</p> <p>11:30 On this day in history -Whitney Houston earns her first #1 hit</p> <p>1:30 Fact or Fiction Group Challenge</p> <p>2:00 Live Entertainment Richard Stillmen</p> <p>3:00 HAPPY HOUR</p> <p>3:30 Documentary& Discussion - Ingrid Bergman in Her Own Words</p> <p>4:45 Afternoon Reflection</p> <p>6:15 B&W movie night -Some Like It Hot</p>	<p>27 9:00 Morning News</p> <p>9:30 Televised Mid Week Catholic / Group Puzzle</p> <p>9:45 Ballet Stretch</p> <p>10:30 The History and Archaeology of the Bible The Temple of Solomon</p> <p>10:45 Person ,Place or Thing (Trivia)</p> <p>1:30 The Cliffs buzzer Challenge</p> <p>2:30 Men's Group with Frederick</p> <p>2:45 Getting to Know you social</p> <p>3:30 Dr. Norris presents a lecture on BFFs: Man and Dog in the Classical World</p> <p>3:45 Group Singalong with Frederick</p> <p>4:45 Afternoon Reflection</p> <p>6:15 Comedy Movie Night— My Big Fat Greek</p>	<p>28 9:00 Morning News</p> <p>9:45 Standing Exercise /&Weights</p> <p>10:30 Literature Series - The Real Life Alice</p> <p>11:00 Autumn Stroll</p> <p>1:30 Vermont's State Capital, Montpelier</p> <p>2:00 BIBLE STUDY WITH REV. RIVERS</p> <p>3:00 Carol Burnett show (CK)</p> <p>3:30 BINGO!! (AC)</p> <p>4:30 Autumn Stroll (Group Nature Walk)</p> <p>6:15 Literary adaptation movie night GOLDFINGER</p>	<p>29 9:00 Morning News</p> <p>9:45 12 Most Famous Paintings of all Time & 10 Most Colorful Cities in the World</p> <p>10:30 Balance & Stretch class</p> <p>11:00 Discovery Corner— The Shark</p> <p>1:30 Circle of Friends with Irene</p> <p>1:45 Earth's Changing Climate— A Tale of Three Planets</p> <p>2:30 Halloween Parade / October Birthday Celebration</p> <p>4:30 Classical Music Misha Maysky: Camille Saint-Saëns or / Partner Path walk</p> <p>6:15 Movie Night - And So It Goes</p>	<p>30 9:00 Morning News</p> <p>9:45 Zumba Class</p> <p>10:30 The three different ways mammals give birth Discussion Group</p> <p>11:30 Karaoke Party</p> <p>1:30 The Cliffs continued ED class -GRAVITY - The Key To Understanding The Universe</p> <p>1:45 BINGO , Card Games & Checkers oh my !</p> <p>2:45 Create your own Masks</p> <p>3:45 The Funniest Moments of the Century</p> <p>4:30 Afternoon Reflection</p> <p>6:15 New Movie - The Zookeeper's Wife</p>	
<p>31 Halloween</p> <p>9:00 Song of Praise</p> <p>9:45 Gentle Stretch</p> <p>10:30 Hymn Sing</p> <p>11:00 Televised Catholic Mass</p> <p>1:30 Classical Concert- Beethoven Violin Concerto in D major op. 61</p> <p>1:45 Group reading -Parables of Jesus</p> <p>3:30 Worship Service with Global Harvest Christian Fellowship</p> <p>4:30 Fellowship & Refreshments</p> <p>6:15 Classic Movie Night- Ben-Hur</p>	<p>Disclaimer:</p> <p>Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you</p>						