





		July 2024				<div> Calendar of Events</div>	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><p><u>July Birthday Wishes to:</u></p><p>Marcella Chanin 27th</p><p>Debby Lucas 29th</p></div> <div></div>	1 9:45 Watercolor Painting Class/ or Sing along 10:30 <u>Prayer Circle with Donna</u> 11:30 Body Harmonizing (Stretch Class) 1:30 <u>Resident Council Meeting</u> 2:45 Documentary—Founding Fathers Rebels with a Cause & Taking Liberties 3:45 Trivia in the Garden 4:30 Let's Walk(Group Walking Club)6:15 6:15 Film- The Informant!	2 9:45 A Look at Donald Sutherland and discussion <u>10 –11:45 Bingo</u> 10:30 Foam Exercise 11:00 Word Game 1:30 Trivia 2:30 <u>Live Musical Entertainment with GiGi</u> 3:30 Ice Cream Sundae 4 pm Salt Fat Acid Heat—documentary about food around the world. episode 1 6:15 The Italian Job (2003)	3 9:45 From the Archives: President Richard Nixon on "Face the Nation"(Discussion Group) 10:30 Mid-week Televised Catholic Service 11:15 <u>Cliffs audio Book club</u> <u>48 Laws of Power</u> 11:30 Stories from the Heart 1:30 Who Said That with Lemonade in the Garden 2:30 <u>Communion & Worship Service with Fredrick</u> 3:30 Baking Club - Decorate your own donut / <u>Documentary Earth Science –The Power of Volcanos : Years without Summer</u> 4pm Heart Healthy –Chair Aerobics 4:30 Little House on the Prairie 6:15 Film: Summertime	4 Happy Independence Day 9:45 Brooklyn Dodgers history; "Who's on First" 10:30 Resistance Bands Exercise <u>11:00 On this day in history</u> <u>1776 Continental Congress adopts the Declaration of Independence</u> 12 <u>Independence Day BBQ</u> 1:30 American Classic - Sing-along 2:30 <u>Root beer Float Social</u> 3:45 Virtual show of July Fireworks at The Magic Kingdom 6:15 Citizen Kane (1941) <div></div>	5 9:45 Timeless Trivia- Hail to the Chief Group Challenge 10:30 Chair Calisthenics 11:15 The secrets of Mozart's "Magic Flute"(Discussion Group) 1:30 Hear the Case make your Judgement 2:30 <u>Live Musical Entertainment Everything Good</u> 3:45 Lemonade and Q&A by the waterfall 4:30 Classical Concert - Beethoven: Symphony No. 7 6:15 The Commuter (2018)	6 9:45 History of Mount Rushmore 10:30 Morning Stretching 11:00 How are Walnuts Grown? 1:30 Trivia 2–4 Bingo 2:00 Challenger: The Final Flight episode 1 and discussion 3:30 Gracie Mansion 4:00 Catholic Communion 4:00 George Carlin discussion 6:15 Unfrosted (2024)	
7 9:45 Morning Praise & Worship 10:00 Hymn Sing 10:30 Televised Catholic Service 10:45 Bible discussion Group- Peter 1:30 Classical Concert—Mozart –Flute and Harp Concerto 2pm Inspirational Post Painting 2:45 Fellowship & Refreshments 3 pm Afternoon Matinee- Suddenly(1954) 3:30 <u>Worship Service –Trinity Baptist Church , Montville</u> 4:30 Afternoon Reflection 6:15 Inspirational Film–Wonder	8 9:45 Puzzle Challenge 10:45 The Cliffs Language Studies Italiano 11:30 Body Harmonizing (Stretch Class) 1:30 On this day in History 1776 Liberty Bell tolls to announce Declaration of Independence 2:00 <u>Brushstrokes Art Program</u> 3:30 Documentary— Founding Fathers You Say You Want a Revolution & A Healthy Constitution 4 Group crossword challenge 6:15 Film —Crazy Heart	9 9:45 History of the Boston Tea Party 10:30 Exercise with Weights 11:00 Word Game 1:30 Trivia 2–4 Bingo 2:00 Treasures of New York: Bowne House (underground railroad. 17th century) 3:30 Working: What We Do All Day— Dream Jobs 4:30 Afternoon Reflection 6:15 Vicky and Her Mystery (2021)	10 9:45 From the Archives: John F. Kennedy on "Face the Nation," October 1960 (Discussion Group) 10:45 Mid-week Televised Catholic Service 11:15 <u>Cliffs audio Book club</u> <u>48 Laws of Power</u> 11:45 Stories from the Heart 1:30 Giant Crossword Puzzle 2:45 Continuing Education Benjamin Franklin and the American Dream (Discussion Group) 3:30 Karaoke Party & shaved Ice Social 4 Heart Healthy –Chair Aerobics 4:30 Little House on the Prairie 6:15 Film: The Eddy Duchin Story	11 9:45 The Mystery of Stonehenge 10:30 Foam Exercise 11:00 Lets’ Learn About Issac Jogues from the 1640s 1:30 Trivia 2–4 Bingo 2:00 Hollywood Collection: Barbara Stanwyck 2:45 Table Reading , Hobbit tale 4:00 Our Living World nature doc. 6:15 Murder Mystery 2 (2023)	12 9:45 Timeless Trivia - The Fabulous Fifties Group Challenge 10:30 Chair Calisthenics 11:00 <u>News & Views with Debbie</u> 1:20 The Cambodian myth of lightning, thunder, and rain (Discussion Group) 2–<u>Live Musical Entertainment with Richard Stillman</u> 3:15 Mango Slushy ! 4—Comedy Hour- John Crist - What Are We Doing? 6:15 Mr. Harrigan’s Phone (2022)	13 9:45 Lead Story Group Discussion 1930 Building of Hoover Dam begins 10:30 Chair Pilates 11:00 <u>Sing along with Martin Yospe</u> 1:45 Science Club - Web of Complex Biology 2:00 Karaoke Party 2–4 BINGO 3:00 Watercolor Class 4 pm Catholic communion 6:15 The Volcano: Rescue From Whakaari (2022 true story)	
14 9:45 Morning Praise & Worship 10:00 Hymn Sing 10:30 Televised Catholic Service 10:45 Bible discussion Group- David 1:30 Classical Concert Joshua Bell – Tchaikovsky - Violin Concerto in D major, Op 35 2:00 Trivia Game–Biblical First 2:45 Fellowship & Refreshments 3 pm Afternoon Matinee The Big Heat (1953) 3:30 <u>Worship Service—Gospel Light Baptist Church</u> 4:30 Afternoon Reflection 6:15 Inspirational Film- Triumph of the Heart	15 9:30 Watercolor Painting Class 10 Sing along 10:30 <u>Prayer Circle with Donna</u> 11:30 Body Harmonizing (Stretch Class) 1:30 Around the World (Word Game) 2:30 Documentary –The Louisiana Purchase 3:30 Margarita Monday 4:30 Finish the lyric 6:30 <u>Live Music Entertainment with John Cosentini</u>	<div>July Daily Holidays and Observances 2024</div> <div>Early Bird Day</div> <div>Family Golf Month</div> <div>National Blueberry Month</div> <div>National Grilling Month</div> <div>National Horseradish Month</div> <div>National Hot Dog Month</div> <div>National Ice Cream Month</div> <div><div></div><div>If interested, sign-up sheets will be at the front desk. the week before, scheduled outing.</div></div> <div><div>Off –Campus Trip</div><div>Scenic Drive Kip's Castle- 12th 10:30 am</div><div>Applegate Ice cream - 19th 1:45 PM</div><div>CVS -26th 10:30 AM</div></div>				Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you	

July 2024



Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>July Birthday Wishes to:</p> <p>Marcella Chanin 27th</p> <p>Debby Luca 29th</p> 		16 9:45 U.S.S. Wisconsin Navy Ship in WWII and other wars 10:30 Morning Stretch 11:00 Word Game 1:30 Trivia 2-4 Bingo 2:00 Treasures of New York: The Morgan Library and Museum 3:30 Challenger: The Final Flight episode 2 and discussion 6:15 Made In Italy (2020)	17 9:45 From the Archives: Spiro Agnew on "Face the Nation," (Discussion Group) 10:30 Mid-week Televised Catholic Service 11:15 <u>Cliffs audio Book club</u> <u>48 Laws of Power</u> 11:30 Stories from the Heart 1:20 Continuing Education Meet the Franklins (Discussion Group) 2 pm <u>Live Musical Entertainment</u> <u>Sal Torino</u> 3:30 Pineapple Slushy 4 pm Heart Healthy -Chair Aerobics 6:15 Film -Love Me Or Leave Me	18 9:45 American Author Shirley Jackson "The Lottery" discussion 10:30 Resistance Bands exercise 11:00 Let's Learn About The Mystic Aquarium 1:30 Trivia 2-4 Bingo 2:15 Challenger: The Final Flight episode 3 and discussion 3:15 Group Crossword Challenge 4:15: Salt Fat Acid Heat episode 2 6:15 The Adam Project (2022)	19 9:45 Q&A -Astronauts, Moon Shots & Spacewalks 10:30 Chair Calisthenics 11:00 Music and math: The genius of Beethoven (Discussion Group) 1:30 Name that Movie Actress 2:30 Happy Hour by the Waterfall 3:30 Documentary- World's Most Interesting Places: Vol. 4 3:45 Craft Corner -Jewelry making 4:30 Classical Concert -Tchaikovsky - Swan Lake Suite 6:15 Benji (2018)	20 Moon Day 9:45 Punny Time; Meditation Stretch 10:15 Pencil Drawing with Joanna or Hack Your Health: Secrets of Your Gut documentary 1:30 Trivia 2-4 Bingo 2:00 History of the Leaning Tower of Pisa 3:00 Challenger: The Final Flight episode 4 and discussion 4:00 Catholic Communion 6:15 The Swimmers (2022)
	21 9:45 Morning Praise & Worship 10:00 Hymn Sing 10:30 Televised Catholic service 10:45 Bible discussion Group- Saul 1:30 Classical Concert - Chopin Piano Concerto No 1 Maria João Pires 2:00 Finish These Hymns & Song Titles 2:45 Fellowship & Refreshments 3 -Afternoon Matinee The Lady From Shanghai 3:30 Worship Service -Bread of Life Fellowship 4:30 Afternoon Reflection 6:15 Inspirational Film-Greater	22 9:45 Puzzle Challenge / Creative Art Class- Pastels fruit 10:45 The Cliffs Language Studies Italiano 11:30 Body Harmonizing (Stretch Class) 1:30 Jeopardy! (Group Game) 2:30 Documentary-THE ALAMO 3:30 Margarita Monday & with a Karaoke Party 4:20 Word in a Word challenge 6:15 Film- The Queen	23 9:45 Audubon 2024 Photography Winners 10:30 Meditation Stretch 11:00 Word Game 1:30 Trivia 2-4 Bingo 2:00 Treasures of New York: MoMA 3:30 San Antonio River Walk 4:00 Rick Steve's Quebec 6:15 Tooth Fairy (2010)	24 <u>Amelia Earhart Day</u> 9:45 Continuing Education Benjamin Franklin's Boston Beginnings 10:30 Mid-week Televised Catholic Service 11:00 <u>Debate School of New Jersey visits with Ralph</u> 1:30 The Enduring Mystery Of Amelia Earhart 2:15 Then & Now This was the year 1945 4- Heart Healthy -Chair Aerobics 6:15 Film: Pillow Talk	25 <u>Feast of St. James</u> 9:45 Let's Learn About Henry Hudson 10:30 Morning Exercise 11:00 The Upper Hudson River 1:30 Trivia 2-4 Bingo 2:00 Hollywood Collection: Mae West 3:00 Table Reading-Hobbits Tale 4:00 Salt Fat Acid Heat episode 3 6:15 The Starling (2021)	26 9:45 Q&A -The Explosive Era of The Baby Boomers 10:30 Chair Calisthenics 11:00 <u>News & Views with Debbie</u> 1:30 Science Club - Michio Kaku: The Universe in a Nutshell (Discussion Group) 2:30 <u>July Birthday Celebration</u> 3:30 Group Clue Challenge 4:30 Piano Music 6:15 The Equalizer (2014)
	28 9:00 Morning Praise & Worship 28 10:00 Hymn Sing 10:30 Televised Catholic Service 10:45 Bible discussion Group- Moses 1:45 Classical Concert-- Beethoven : Piano concerto No.3 2:00 Sunday Craft- Wood work 2:45 Fellowship & Refreshments 3 pm Afternoon Matinee- The Hard Man 3:30 Worship Service-First Baptist Peddie Memorial Church 4:30 Afternoon Reflection 6:15 Inspirational Film -My all American	29 9:45 Watercolor Painting Class 10-Sing along 10:30 <u>Prayer Circle with Donna</u> 11:30 Body Harmonizing (Stretch Class) 1:30 Fill in the Blank (Group Game) 2:30 Documentary-Battle For Canada 3:30 Margarita Monday 4:30 Group crossword challenge 6:30 <u>Live Musical Entertainment With Brass Fedora</u>	30 9:45 Let's Learn About The New York Public Library 10:30 A.M. Stretch 11:00 Word Game 1:30 Trivia 2-4 Bingo 2:00 Treasures of New York: The Roosevelt House 3:30 Secrets of the Neanderthals documentary 4:30 Reflection 6:15 Vertigo (1958)	31 9:45 From the Archives: Vice President Gerald Ford on "Face the Nation" (Discussion Group) 10:30 Mid-week Televised Catholic Service 11:15 <u>Cliffs audio Book club</u> <u>48 Laws of Power</u> 11:30 Stories from the Heart 2:30 <u>Live Music with Kelly Carpenter</u> 3:45 Continuing Education Benjamin Franklin and Philadelphia 4:20 Heart Healthy -Chair Aerobics 6:15 Film: How to Marry a Millionaire	Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you 	