

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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February Birthday Celebrants
 John –Stephen Proctor 8th
 Barbara Holstein 13th
 Barbara Scherer 15th
 William Horn (Bill) 18th
 Thomas Dello Russo 20th
 Caroline Leary 27th
 Marilyn Eglovitch 27th

Sign-up to attend
PAPER MILL PLAYHOUSE

 TBA


The Cliffs February Bulletin Broad
 Catholic Mid-week Service every wednesday at 9:30 am
 Pet therapy February 3rd & 17th -2pm
 Reminisce & Manicures every Wednesday around 2pm
 Live Stream Shabbat Service Saturday's at 11 am
 Catholic Communion Saturday's at 4pm

1
 8:45 2023 Nobel Prize Concert
9:30 Watercolor class
 10am Hymn Sing
 10:30 Prayer Circle
1:45 Movie Matinee—High Noon
 2:30 Bingo
 3pm Word Scramble—long e words
 6:15 The Vikings (1958, action/adventure)

2 **Groundhog Day**
 9:30 Namibia's Wild Wonders
 10:30 Step Aerobics
 11 am Elements of Watercolor and Drawing Class with Monica
 1:30 Did you Know (Trivia)
2 PM Live Music Jay Daniels
 3:15 Friday Funnies
 4pm Social Circle /Table Games
 6:15 Slumdog Millionaire

3 9:30 Disco Stretch
 10:30 Aboard Marine One
 11:15 Trivia
 1:45 The American Century 1920-1929
 2:30 pm Bingo or The South Pacific: Indonesia's history
 4pm Perry Mason episode
 6:15 The China Syndrome (Michael Douglas, Jane Fonda, Jack Lemmon)

4
 9:30 am Salvation in the Tribulation | Dr. David Jeremiah
 10:30 Hymn Sing
11:15 Televised Catholic Service
 1:45 Bible Reading /Fabric Collage
 2:45 Fellowship & Refreshments
 3pm Ballet -Stravinsky- Firebird
 3:30 Worship Service
Christ the King Church -Dover
 6:15 On Golden Pond (1981 Henry Fonda & Jane Fonda)

5 9:30 Exercise Class
 10 :30 Today is -Western Monarch Discussion Group
 11am Doc- Monarch Migration
 11:15 Creative Painting Class Western Monarch
1:30 Resident Council Meeting
guest speaker Food Service Director
 2:30 Ice Bridge: The Impossible Journey (1st native Americans)
 3:15 Word Game
 4 pm Sitcom reminisce—The Texan: Season
 6:15 The Guns of Navarone (1961, Gregory Peck)

6 9:30 Early Bird Stretch
 10 am Wild Life Discover Corner Lions Discussion Group
11am Sing along with Yospe
 1:45 Cliffs Virtual University - The Surprising Pliability of Memory
 2:30 Bingo
 2:45 Checkers Tournament or Table Reading "Little Old Lady"
 4pm Perry Mason episode
 6:15 The Last Hurrah (1958 drama, Spencer Tracy)

7 9:30 Low impact aerobics
 10:30 Life & Work Chopin
 11am Arthur Rubinstein - Chopin - Piano Concerto No 2
 11:15 Paint to Chopin
 1:30 Penny Ante
 2pm Reminisce & Manicures
2:30 Theology 101 With Frederick
 2:45 Baking Club - Mini Pizza country kitchen café
 6:15 Wuthering Heights

8 9:30 Balancing exercises
 10am Hymn Sing
 10:30 Prayer Circle (PDR)
 10:45 Doc-She the People votes for Women
 1:45 Karaoke Party
2:30 Lecture presented DR. Norris on The Ancient Near East at the Met.
 2:30 Bingo
 3pm Word Scramble-Herbs & Spices
 4pm Dick Van Dyke show
 6:15 The Good Earth

9
 9:30 Rick Steve's Art of the Middle Ages
 10:30 Step Aerobics
 11 am News & Views with Debbie
 1:45 Elements of Drawing Impressions Class with Monica
2PM Plant Therapy Program with the World of Gardens
 3:15 Friday Funnies
 4pm Social Circle /Table Games
 6:15 High Noon

10 **Chinese New Year**
 9:30 Disco Stretch
 10:45 American History THOMAS EDISON
 11:15 The Year of the Dragon
 1:45pm Music Spotlight - Tony Bennett & Lady Gaga
 2:30 pm Bingo or The South Pacific: Australia's Aborigines
 4pm Perry Mason episode
 6:15 The Hunt for Red October (Sean Connery)

11
 9:30 What Does the Bible Tell Us About Heaven? | David Jeremiah
 10:30 Hymn Sing
11:15 Televised Catholic Service
 1:45 Bible Reading/ or Watercolor Class
 2:45 Fellowship & Refreshments
 3pm Ballet -Sleeping Beauty
 3:30 Worship Service
Risen Savior Church -Kearny
 6:15 Singin' in the Rain (musical, Gene Kelly)

12 **Abraham Lincoln Birthday**
 9:30 Exercise Class
 10 :30 Today is Argentina Carnival
 11 am Argentina Vacation Travel Video Guide
 11:15 Decorate your own mask
 1:30 President word Game
2pm Brushstrokes Art Slide Show
 3pm Documentary Abraham Lincoln—Lincoln's last Day
 4 pm Sitcom reminisce—Tales Of Wells Fargo - The Hasty Gun
 6:15 The 39 Steps (1935, Hitchcock)

13 9:30 Early Bird Stretch
 10am Wildlife Discover Corner Orca discussion group
 11am Junk drawer detective or Table Reading "Little Old Lady"
 1:45 Cliffs Virtual University - Context: The Connective Tissue of Memory
 2:30 Bingo or Music Spotlight - Willie Nelson
 3 pm Documentary : The Pentagon
 4pm Trivia
 6:15 Night at the Opera - Madame Butterfly

14 **Happy Valentines Day**
 9:30 Low impact aerobics
10am Ash Wednesday Service With Frederick
11:30 Valentine's Day Brunch
 1pm Mythology Cupid & Psyche
 1:30 1940's Prom Valentines Day Social
2:30 Live Music Everything Good
 3:30 Slangs and saying form 1940's
 4pm Sitcom Reminisce- I love Lucy
 6:15 Charley Varrick (1973, Walter Matthau)

15 9:30 Balancing exercises
 10 am Hymn Sing
 10:30 Prayer Circle (PDR)
11am Up close & Personal with Ralph Debate school of NJ
 1:45 Africana studies— Bacon's Rebellion discussion group with Monica (PDR)
 2:30 Bingo
 3pm Word Scramble -Hats
 4pm Dick Van Dyke show
 6:15 Gaslight

Disclaimer:
 Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, Unforeseen events and inclement weather may necessitate calendar modifications and postponement/ cancellation of trips
 Luncheon

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every wednesday at 9:30 am

Live Stream Shabbat Service
Saturday's at 11 am

Catholic Communion
Saturday's at 4pm

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16 9:30 Rick Steve's
Art of the Renaissance
10:30 Step Aerobics
11 am Elements of Drawing
Class with Monica
11:15 Today in History -1968
First 9-1-1 call is placed in the
United States
1:45 Karaoke Party
2:30 I Remember That
4pm Social Circle /Table Games
6:15 The Grapes of Wrath

17 9:30 Disco Stretch
10:30 American History—
BABE RUTH
11:15 Trivia & Word Game
1:45pm NPR Tiny Desk concert
Taylor Swift
2:30 pm Bingo or The South Pa-
cific: New Zealand's history
4pm Perry Mason episode
6:15 Play Misty For Me
(1971, Clint Eastwood)

18
10am God Is in Control! | Dr. Da-
vid Jeremiah
10:45 Hymn Sing
11:15 Televised Catholic Service
1:45 Craft workshop /Bible Reading
2:45 Fellowship & Refreshments
3pm Ballet -Don Quixote
3:30 **Worship Service**
First Baptist Church -Bloomfield
6:15 All The King's Men
(1949, John Derek,
Broderick Crawford)

19 **President's Day**
9:30 Exercise Class
10:30 Today is Constantin
Brancusi discussion group
11am Early Life and Work of
Isamu Noguchi - Social Sculpture
Pioneer
11:15 Natural Clay sculpting
Class For beginners
1:30 Patriotic Sing-along
2:00 Aboard Airforce One
3:00 Trivia & Word Game
4 pm Sitcom reminisce— Gunsmoke
6:15 Rear Window (James Stewart)

20 9:30 Early Bird Stretch
10 am Wildlife discovery Corner
Ostrich
11 am Mini Puzzle s or Table Reading
"Little Old Lady"
1:45 Cliffs Virtual University -
Expectation, Perception,
&Memory
1:30 Live Musical Entertainment
Carol Ericson
2:30 Bingo or Documentary —
Jefferson's Secret Bible
3:30 Trivia
6:15 Queen Bees (Ellen
Burstyn, James Caan)

21 9:30 Low impact aerobics
10:30 Life & Work of Debussy
11am Debussy : Images pour
orchestra concerto
11:15 Debussy in expression
Pastel Class
1:30 I Remember that !
2pm Reminisce & Manicures
2:30 Bible Study with Frederick
3:30 Learn Dominoes (Country Kitchen)
4:30 Sitcom reminisce -Tales Of
Wells Fargo - The Silver Bullets
Everybody loves Raymond
6:15 Beaches (Bette Midler, John
Heard, Barbara Hershey)

22 9:30 Balancing Exercises
10am Hymn Sing
10:30 Prayer Circle (PDR)
10:45 Henry VIII and the King's Men
1:30 Africana studies—
Ruby Bridges 1960
1:45 Clue Trivia
2:45 Bingo
3pm Word Scramble-
prepositions
4pm Dick Van Dyke show
6:15 True Grit (Jeff Bridges,
Matt Damon)

23
9:30 Rick Steve's
Art of the Baroque Age
10:30 Step Aerobics
11am News & Views with Debbie
1:45 Movie Matinee
3pm February Birthday
Celebration
4pm Social Circle /Table Games
6:30 **Live Music with John**
Cosentini

24
9:30 Disco Stretch
10:30 American History -
JOHNNY CASH
11:15 Trivia & Word Game
1:45pm The American Century
1929-1936
2:30 pm Bingo or The South Pa-
cific: Singapore's history
4pm Perry Mason episode
6:15 Escape from Alcatraz
(1979, Clint Eastwood)

25
10am Dr. David Jeremiah -
Triumphant Over Trouble
10:45 Hymn Sing
11:15 Televised Catholic Service
1:45 Painting Class /Bible Reading
2:45 Fellowship & Refreshments
3pm Ballet -La Bayadere
3:30 **Worship Service -**
Global Harvest Fellowship
West Orange
6:15 The English Patient

26 9:30 Exercise Class
10:30 Today is -Tell a Fairy Tale Day
11am Carpe Diem: Is This The
Answer To This Fishy Problem?
11:15 Group Challenge
Write a fairy tale
2:30 Documentary America 's
Greatest Monuments
3:30 Trivia
4 pm Sitcom reminisce Gunsmoke
6:15 Dial M for Murder

27 9:30 Early Bird Stretch
10am Wildlife discovery Corner
Dolphins
11am Junk drawer detective or
Table Reading "Little Old Lady"
1:45 Cliffs Virtual University -
Attention: You Remember What
You Notice
2:30 Bingo
2:45 Music Spotlight— Reinventing
ELVIS the 60's comeback
3pm Documentary—Flamingos
6:15 When Time Ran Out

28 9:30 Low impact aerobics
10:30 Life & Work of Verdi
11am LA TRAVIATA part 1
11:15 Verdi in expression
watercolor class
1:30 The Common Factor Trivia
2pm Reminisce & Manicures
2:30 Happy Hour Karaoke
4:30 Sitcom reminisce -
Gunsmoke
6:15 The Boy in the Striped
Pajamas (drama)

29 9:30 Balancing Exercises
10am Hymn Sing
10:30 Prayer Circle (PDR)
10:45 Picturing The Presidents
1:30 Craft class -Yarn hangers
With Charlotte
1:45 Rick Steve's Art of the
Modern Age
2:45 Bingo
3pm Word Scramble—Verbs
4pm Dick Van Dyck show

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