SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 2025  THE CLIFFS  Monthly Calendar of Events		1 9:30 -Movement Therapy: Weight Conditioning 10- America History: The Revolution: Washington	2 9:45 -Movement Therapy: Dance Aerobics 10:30 -Spiritual Enrichment: Catholic Service 10:40 Coffee Klatch With Marge 11- Entertain your Brain: Wacky Wordies 1:30 Discussion Junction: These 12 Lawmakers Agree:  It's Time to Leave Congress 2:30 Pop Culture: World UFO Day 3:30 Karaoke Party 4:30 Afternoon Reflection 6:15 Film: Paris When it Sizzles	3 9:30 "In memoriam": Remembering Tina Turner 10:30 Movement Therapy: Resistance Bands 11-Entertain your Brain: Random Facts & Fun Trivia 1:30 Café & Story Time Spectaculars: Modoc 1:45-3:30 Bingo 2:30 Pilot Lecture: How to Think like  a General-Ulysses & Grant 3- Young Composers: Jacob Collier 3:45 Timeline of highlighted events on this day 4:30 Afternoon Reflection 6:15 Film: Up in Arms -Danny Kaye	4 Happy Fourth of July 9:30 Drive Thru History: The History of Independence Day, 4th of July 11- Live Musical Entertainment The Florian Schantz Jazz Combo 12:00 Independence Day BBQ 1:30 History Americana Trivia 2:30 Root Beer Float Social 3:30 Live Music with Jay Daniels 4:30 Afternoon Reflection 6:15 Film: Born on the Fourth of July (Tom Cruise)	9:30 Pop culture: 1946 Bikini introduced 10 -Movement Therapy: Weight Aerobics 10:45 Entertain your Brain: Question of the day 11:30 Karaoke Party 1:30 Pilot Lecture: A Brief Tour of Western Australia 1:45-3:30 Bingo 2:15 Giant Crossword Puzzle Challenge 3:30 Ring around the Bottle 4- Spiritual Enrichment: Catholic Communion 6:15 Musical -My Favorite Things: The Rodgers & Hammerstein 80th Anniversary Concert
9:30 Movement Therapy: Active Meditation 10- Hymn Sing /or A Penguin Proposal 10:30 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 1:30 The Great Trials of World History and the Lessons They Teach Us: The Trial of Socrates 2:30 Refreshments & Fellowship 3:30 Spiritual Enrichment: Gospel Light Baptist Church Kearny 6:15 Film - Gus	7 9:30 Movement Therapy: Chair Yoga 10-Literature & Language: English in America: Defining American English Dialects 11- Entertain your Brain: What comes First 1:30 Resident Council Meeting (Food Service Director) 2:30 Café & Story Time Spectaculars : Modoc 3:30 Sunset Sips : Margarita 4:30 Two's Company 6:15 Film: Summertime 1955 /Katharine Hepburn	8 9:30 -Movement Therapy: Weight Conditioning 10- Hymn Sing 10:30 Spiritual Enrichment: Prayer Circle with Donna 1:30 Nature Discover: Pennsylvania white tail Deer 1:45-3:30 Bingo 2:30 Café & Story Time Spectaculars : Modoc 3:30 Social History: Prased People in History By Dr. Roy Casagranda 4:30 Afternoon Reflection 6:15 Film: U-571	9 9:45 Movement Therapy: Dance Aerobics 10:30 Spiritual Enrichment: Catholic Service 10:40 Coffee Klatch With Marge 11- Entertain your Brain: The Honey Bee 1:30 Discussion Junction: The Last Word: Jimmy Carter 2:30 Spiritual Enrichment: Worship Service  E Communion with Frederick 3:30 Community Outreach: Charity Baking / or Documentary - Great Mammoth Mystery 4:30 Afternoon Reflection 6:15 Film: Empire Of The Sun	10 9:30 "In memoriam" The Legendary Life and Career of James Dean  10:30 Movement Therapy: Resistance Bands  11-Entertain your Brain: Tabletop Thrills  1:30 Café & Story Time Spectaculars: Modoc  1:45-3:30 Bingo  2:30 Pilot Lecture: Preventing Alzheimer's— What You Can Do  3-Young Composers: Jon Batiste & Friends  3:45 Timeline of highlighted events on this day  4:30 Afternoon Reflection  6:15 Film Oklahoma 1999	11 9:30 Movement Therapy: Zumba 10:15 Drive Thru History: The History of Presidents Day, George Washington, and Abraham Lincoln 10:45 Karaoke Friday 11 Drawing & Painting "beginners, intermediate or, advance 1:30 Off-Broadway: The Prince of Egypt: The Musical 1:45-3:30 Bingo 3:30 Entertain your Brain: Country Connection 4:30 Meditation: Breathing Exercise 6:15 Popcorn & Triva Night	9:30 Pop Culture: Tom Hanks: The Nomad 10:30 -Movement Therapy: Weight Aerobics 11-Entertain your Brain: Did you Know? 1984 Geraldine Ferraro named vice presidential candidate 1:30 Pilot Lecture: The Myth of Prometheus and Pandora 1:45 -3:30 Bingo 2:15 You be the Judge 3:30 Tour de France 2025 4- Spiritual Enrichment: Catholic Communion 6:15 Film: The Magnificent Seven (1960)
9:30 Movement Therapy: Active Meditation 10 - Hymn Sing /or House of Hunting Hermit Crabs 10:30 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 1:30 Worts History: The Great Trials of World History and the Lessons They Teach Us: The Trial of Gaius Verres 2:30 Refreshments & Fellowship 3:30 Spiritual Enrichment: Bread of Life Fellowship, Wayne 6:15 Film: Justin Morgan Had a Horse	14 9:30 Movement Therapy: <u>Chair Yoga</u> 10-Literature & Language: <u>English in America:</u> A Linguistic History: <u>The Foundations of American English</u> 11- Entertain your Brain: <u>Famous Movie Lines</u> 2-Art and Culture- <u>Brushstrokes presented by Judy</u> 3:15 Let's Walk (Group Walking Club) 4- News Current: <u>Scheme with Debbie</u> 6:15 Film: The Man in the Gray Flannel Suit 1956, Gregory Peck	15 9:30 -Movement Therapy: Weight Conditioning 10 - America History: Washington Campaigns for Help 11-Entertain your Brain: Name that Aria 1:30 Nature Discover: Big Bend: In the Heart of Texas 1:45-3:30 Bingo 2:30 Café & Story Time Spectaculars : Modoc 3:30 American Civics: Constitution 101 - Lecture 1 4:30 Afternoon Reflection 6:15 Film: Runaway Jury	16 9:45 Movement Therapy: Active Meditation 10:30 Spiritual Enrichment: Catholic Service 10:40 Coffee Klatch With Marge 11- Entertain your Brain: Monarch Butterflies 1:30 Star Talk: Neil deGrasse Tyson Explains the Three Levels of Earth Orbit 2:30 Heathy Foods: Fresh Spinach Day Social 4:30 Afternoon Reflection 6:15 Film: Beyond the Sea	17 9:30 "In memoriam" The Mickey Mouse Club Story 10:30 -Movement Therapy: Resistance Bands 11-Headlines & Hindsight: Debate school of NJ with Ralph 1:30 1/2 Lap around the Cliffs 2- Live Musical Entertainment with-Richard Stillman 3:30 Timeline of highlighted events on this day 4:30 Afternoon Reflection 6:15 Film: Some like it hot	18 9:30 Movement Therapy: Zumba 10:15 Drive Thru History: The History of Father's Day 10:45 Karaoke Friday 11 Drawing & Painting "beginners, intermediate or, advance 1:30 Pilot Lecture: How Republics Die- The Fall of the Roman Republic 1:45-3:30 Bingo 2:45 Hot Topics, believe it or not. with Italian ice 3:45 Meditation: Breathing Exercise 6:15 Popcorn and a Movie—My Dog Skip	19 9:30 Pop Culture: Meet the Beatles 10:30 -Movement Therapy: Weight Aerobics 11-Entertain your Brain: 1942 George Washington Carver begins experimental project with Henry Ford 1:30 Pilot Lecture: What Is Money? 1:45 -3:30 Bingo 2:15 Comedy Corner 3:30 Tour de France 2025 4- Spiritual Enrichment: Catholic Communion 6:15 Film: Thoroughly Modern Millie
9:30 Movement Therapy: Active Meditation 10- Hymn Sing /Or Meerkat Survivat 10:30 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 1:30 World History: The Great Trials of World History and the Lessons They Teach Us: Three Medieval Trials 2:30 Refreshments & Fellowship 3:30 Spiritual Enrichment: First Baptist Church, Caldwell 6:15 Film: Ready to Run	21 9:30 Movement Therapy: Chair Yoga 10-Literature & Language: English in America: A Linguistic History From English in America to American English 11 - Entertain your Brain: Famous Movie Lines 1:30 Definition Word Game 2:30 Karaoke Party all music 1950's 3:30 Sunset Sips: Strawberry Daiguiri 4:30 - Two's Company 6:15 Film-Strangers When We Meet 1960/Kirk Douglas	22 9:30 -Movement Therapy: Weight Conditioning 10- Hymn Sing 10:30 Spiritual Enrichment: Prayer Circle with Donna 1:30 Nature Discover: Sharks are they good for the ecosystems? 1:45-3:30 Bingo 2:30 - Café & Story Time Spectaculars : Modoc 3:30 American Civics: Constitution 101 Lecture 2 4:30 Afternoon Reflection 6:15 Film: The Intern	23 9:45 Movement Therapy: Active Meditation 10:30 Spiritual Enrichment: Catholic Service 10:40 Coffee Klatch With Marge 11- Entertain your Brain: Hummingbirds 1:30 Discussion Junction: Remembering Angela Lansbury 2:30 Comfort Food: Vanilla Ice Cream Day Social 4:30 Afternoon Reflection 6:15 Film De-Lovely	24 9:30 "In memoriam" <u>Christopher Reeve</u> 10:30 Movement Therapy: <u>Resistance Bands</u> 11 Entertain your Brain: <u>Can You Believe Your Own Eyes?</u> 1:30 Café & Story Time Spectaculars : <u>Modoc</u> 2:30 <u>Live Musical Entertainment with</u> — <u>Everything Good Music</u> 3:45 Timeline of highlighted events on this day 4:30 Afternoon Reflection 6:15 Film: Coco Before Chanel	9:30 Movement Therapy: Zumba 10:15 Drive thru History: America in the 1880s 10:45 Entertain your Brain: Old saying & Wise Tales 11:30 On this day 1978 World's first "lest tube" baby born 1:30 Off-Broadway: Waitress: The Musical 1:45 Table Games 3:30 1/2 Lap around the Cliffs 4:30 Meditation: Breathing Exercise 6:15 Mocktails & Triva Night	26 9:30 Her War, Her Story: World War II 10:30 Movement Therapy: Weight Aerobics 11 Entertain your Brain:1775 U.S. postal system established 1:30 Pilot Lecture: How Trade Really Works 1:45 -3:30 Bingo 2:30 July Birthday Celebration 3:30 July Trivia 4- Spiritual Enrichment: Catholic Communion 6:15 Film: Sweet Charity
9:30 Movement Therapy: Active Meditation 10- Hymn Sing /or Pirate Birds 10:30 Spiritual Enrichment: Catholic Service 10:15 Coffee Klatch With Marge 1:30 World History: The Great Trials of World History and the Lessons They Teach Us: The Trial of Sir Thomas More 2:30 Refreshments & Fellowship 3:30 Spiritual Enrichment: First Baptist Church, Passaic 6:15 Film Horse Sense	28 9:30 Movement Therapy: Chair Yoga 10-Literature & Language: English in America: A Linguistic History The Rise of American Language Standards 10:45 Entertain your Brain: 3 Stooges VS Little Rascals 1:30 Photo Collaging (The Good Old Summertime) 2:30 Archaeology: The Seven Greatest Riddles in History 3:30 Sunset Sips: Very Cherry 4- News Current: Scheme with Debbie 6:15 Film: The Unforgiven/Burt Lancaster	29 9:30 -Movement Therapy: Weight Conditioning 10- America History: George Washington Leads the New Nation 1:30 Blast from the past": Knoxville, Tennessee 1:45-3:30 Bingo 2:30 Café & Story Time Spectaculars : Modoc 3:30 American Civics: Constitution 101 Lecture 3 4:30 Afternoon Reflection 6:15 Film: The Theory of Everything	30 9:45 Movement Therapy: Active Meditation 10:30 Spiritual Enrichment: Catholic Service 10:40 Coffee Klatch With Marge 11- Entertain your Brain: Raven are Crow 1:30 Discussion Junction: They Were the Original DOGE. 2:30 Sweet Treat: National Cheesecake Day Social 4:30 Afternoon Reflection 6:15 Film: W.	31 9:30 "In memoriam" <u>Lisa Whelchel</u> 10:30 -Movement Therapy: <u>Resistance Bands</u> 11-Entertain your Brain: <u>Tabletop Thrills</u> 1:30 Café & Story Time Spectaculars : <u>Modoc</u> 1:45-3:30 Bingo 2:30 Pilot Lecture: <u>How to Think like a</u> <u>General-Colin Powell</u> 3:30 Young Composers: <u>Young Women Composers Camp</u> 4:30 Afternoon Reflection 6:15 Film: Phenomenon		Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you