Sunday	Monday	Tuesday (Wednesday (Thursday 🌔	Friday (Saturday
202 202	Calendars of En	COLS FFS	1 9:30 Supreme Court Laws overturned 10:00 Fluidity 'N' Motion 10:30 Catholic Service 10:40 Coffee Klatch With Marge 11:30 On this day in 1890 Yosemite National Park established 1:30 Popcom & Movie 2:15 Creative Painting 4:30 Afternoon Reflection 6:15 Film: Dear Brigitte 1965 James Stewart	2 Yom Kippur 9:30 Moming Exercise 10:00 Life of Leonard Bernstein 10:45 The Meaning of Yom Kippur 1:45-3:30 Bingo 1:45 Family Feud or Fresh Air 2:30 Discussion Group with Jack 3:30 Afternoon Stretch 4— Comedy Comer 6:15 Film: Stagecoach 1966 Alex Cord	3 9:30 Stretch Band Range Exercise 10:15 The Pope's mysterious army 11:15 Discussion Group 1:30 Mini Bio of the Musical Greats 2:45 Mid-day Stretch 3:30 Live Music-lay Daniels 4:30 Chat Chit Country Kitchen 6:15 Film :What A Way To Go (1964)	4 9:30 Exercise with Weights 10:00 John Jay America's Founding Fathers) 11:00 Word Game 1:30 Tiny Desk Concert: Regina Spektor 1:45-3:30 Bingo 2:30 Big Cats 24/7 S.2 Ep.4 3:00 Reading: I've Got You Under My Skin (Mary Higgins Clark) 4—Catholic Communion 6:15 Film Lion
5 9:30 Hymn Sing 10:30 Catholic Service 10:40 Coffee Klatch With Marge 1:30 Discussion Group - Isiah 2:30 Refreshments & Fellowship 3:30 Worship Service Gospel Light Baptist Church –Kearny 6:15 Film The New Adventures Of Pippi Longstocking	9:30 Exercise 10:00 Frank Lloyd Wright & the creation of Falling Water 11:30 Traveling Trivia 1:30 Resident Council Meeting 2:15 The Great Tours: The World's Most Sacred Sites 3:30 Reading: I've Got You Under My Skin (Mary Higgins Clark) 4:20 Little Big Shots US Season 3 6:15 Film Goodbye Again (Ingrid Bergman)	7 First Day of Sukkot 9:30 Morning Stretch 10:00 Let's Learn about The Azores 11:00 The History of Sukkot 1:45-3:30 Bingo 2:15 Pilot Lecture: A Walking Tour of Historic Havana 3:30 Apple Cider & Poem Reading 4:30 Billie Eilish: Tiny Desk Concert 6:15 Film: What A Way To Go (1964)	8 9:30 Forgotten America: Rediscovering Events That Changed the Nation The Controversial Soldier Vote 10:30 Catholic Service 10:40 Coffee Klatch With Marge 11:30 On this day 1945 First patent field for the microwave 2:30 Dr. Norris presents lecture on The Brew That Was True in The Ancient Middle East 3:45 Weights & Stretch 4:30 Afternoon Poem Reflection 6:15 Film: Woman Of Straw 1964 Sean Connery	9 The Cliffs Oktoberfest 9:30 History of Germany (Documentary) 10:30 Learning German: Asking Questions and Numbers 11:30 Virtual Tour of Germany's Dresden and Leipzig 2— Live concert with Florian Schantz Jazz Combo: 3- The Cliffs Oktoberfest Social 4:20 Afternoon Reflection 6:15 Film The Millionairess 1960 Sophia Loren	10 9:30 Stretch Band Range Exercise 10:00 Let's Learn about the Franco Regime 1:30 Candle Creation workshop 1:45 Man's Best Friend (The Human Footprint, PBS) 2:30 Café & Discussion Group 3:30 Reading: I've Got You Under My Skin 4:20 Afternoon Reflection 6:15 Film The Two Faces of Dr. Jekyll (1960)	9:30 A Literary Tour of the United States Hitting the Road 10-Jazzercise Class 10:45 Discussion Group: Why This Giant Snake Is So Destructive 1:30 Autumn Lap Around the Cliffs 1:45-3:30 Bingo 2:30 Group Challenge Famous Arias 3:30 Afternoon Poem Reflection 4-Catholic Communion 6:15 Film: My Oxford Year
12 9:30 Hymn Sing 10:30 Catholic Service 10:40 Coffee Klatch With Marge 1:30 Discussion Group—Judah 2:30 Refreshments & Fellowship 3:30 Worship Service Global Harvest Fellowship —West Orange 6:15 Film Bingo	13 Last Day of Sukkot/Columbus Day 9:30 Disco Stretch 10:00 History of the Florida Keys 11:30 Who was Columbus 2- Brushstrokes with Judy Ebright 2:15 The Great Tours: The World's Most Sacred Sites 3:30 Reading: I've Got You Under My Skin (Mary Higgins Clark) 4:20 AGT 2024 Runner-Up 6:15 Film With Six You Get Eggroll 1968	14 9:30 Dance Aerobics 10- Hymn Sing 10:30 Prayer Circle with Donna 1:45-3:30 Bingo 2:15 Pilot Lecture: Exploring Hadrian's Wall 3:30 Sangria & Q&A 4:30 MILCK: Field Recordings x Aspen Ideas Festival 6:15 Film The Flight Of The Phoenix 1965	15 9:30 Forgotten America: Rediscovering Events That Changed the Nation The German Coast Uprising 10:30 Catholic Service 11:00 Zoom Entertainment 1:30 Coffee Klatch With Marge 2:30 Karaoke Party (Doris Day) 3:30 Virtual Tour Germany's Story 4:30 Afternoon Poem Reflection 6:15 Film: Sword of Lancelot (1963)	16 9:30 Exercise Class 10:00 The 23 Greatest Solo Piano Works Piano Starts Herel 11-Debate school of NJ with Ralph 1:30 History Discussion - Britain and The Blitz 1:45-3:30 Bingo 2:45 Hot Apple cider & What would you do? 4-News & Views Scheme with Debbie 6:15 Film Two For The Seesaw (1962) Robert Mitchum	17 9:30 Stretch Band Range Exercise 10:00 The Real life of The Real Mary Poppins 11:00 Word Clue Game 1:30 Where do superstitions come from? 2:15 Moon Garden Creation Workshop 2:20 Ordinary Men 4:15 Afternoon Reflection 6:15 Film The Young Savages (1961)	18 9:30 A Literary Tour of the United States Poets and Novelists of Boston 10:15 Jazzercise Class 10:45 Discussion Group: What's inside this crater in Madagascar? 1:45-3:30 Bingo 3:30 Afternoon Poem Reflection 4—Catholic Communion 6:15 Flim Good Advice
19 9:30 Hymn Sing 10:30 Catholic Service 10:40 Coffee Klatch With Marge 1:30 Discussion Group –Levi 2:30 Refreshments & Fellowship 3:30 Worship Service First Baptist Chura-Passaic 6:15 Film Lucky Dog	20 Diwali/Deepavali 9:30 Disco Stretch 10:00 Bonnie & Clyde discussion 11:30 The Meaning of Diwali 2:15 The Great Tours: The World's Most Sacred Sites 3:30 Reading: William Shakespeare 4:20 Britain's Got Talent MAGIC KIDSI 6:15 Film The Socialite	21 9:30 Dance Aerobics 10- Karaoke Party (Diana Ross) 11- On This Day - 1967 Thousands protest the war in Vietnam 1:30 Live Music with Kelly Carpenter 1:45-3:30 Bingo 2:15 Let's Learn :the British Parliament 3:30 Tea & Family Feud 4:30 300 Years of Classical Music in 18 Minutes 6:15 Film 55 Days at Peking 1963	22 9:30 Forgotten America: Rediscovering Events That Changed the Nation Thanksgiving Stories That Made America 10:30 Catholic Service 10:40 Coffee Klatch With Marge 11:30 On This Day 2— Autumn Concert Livingtones in the Chapel 3:30 Autumn Social 4:30 Afternoon Poem Reflection 6:15 Film: The Cardinal 1963 Tom Tryon	23 9:30 Exercise Class 10:00 Wyatt Earp and the Cowboy War 11:15 Definition Word Game 1:30-PERSON, PLACE or THING TRIVIA 2:30 Live Music with Everything Good 3:45 Green Smoothies Social 4:00 Afternoon Spa 4:20 Afternoon Reflection 6:15 Film: Good Neighbor, Sam 1964	24 9:30 Stretch Band Range Exercise 10:00 Denzel Washington An American Model 11:00 Word Games 1:30 The New York Mets 2:00 Punch Needle Craft corner 3:00 Opera Favorites: Carmen 4:15 Afternoon Reflection 6:15 Film Hitchcock	25 9:30 A Literary Tour of the United States Transcendentalism in New England 10– Jazzercise Class 10:45 Discussion Group: Who made these circles in the Sahara? 1:45-3:30 Bingo 3:30 Afternoon Poem Reflection 4–Catholic Communion 6:15 Film When a Star is Born
26 9:30 Hymn Sing 10:30 Catholic Service 10:40 Coffee Klatch With Marge 1:30 Discussion Group—Abel 2:30 Refreshments & Fellowship 3:30 Worship Service Bread of Life Fellowship - Wayne 6:15 Film: Wiener Dog Nationals	9:30 Disco Strech 10:00 Let's Leam About Wales 11:30 On this day in History 2:15 The Great Tours: The World's Most Sacred Sites 3:30 Reading: William Shakespeare 4:20 All of Jack Rhodes' magical performances 6:16 Film: Krakatoa East of Java 1968	28 9:30 Dance Aerobics 10— Hymn Sing 10:30 Prayer Circle with Donna 1:30 Autumn Stroll 1:45-3:30 Bingo 2:15 Let's Learn: The Franco Regime 3:30 Apple Cider & Hot topics 4:30 Joshua Bell plays Barber Violin Concerto 6:15 Film: El Cid -1961- Charlton Heston	29 9:30 English in America: A Linguistic History Where Is American English Headed 10:00 Fluidity 'N' Motion 10:30 Catholic Service 10:40 Coffee Klatch With Marge 11:30 On this day 1:30 Live Music 3:45 The Cliffs Bowling 6:15 Film: 'Whos Got The Action? (1962)	30 9:30 Exercise Class 10:00 Dwight Eisenhower discussion 10:45 Karaoke Party (Beatles) 1:30 Virtual Tour of Paris Side Trips 1:45-3:30 Bingo 2:15 Group Challenge Family Feud 3:00 Wyatt Earp and the Cowboy War 4-News & Views Scheme with Debbie 6:15 Film Mirade of the White Stallions Arthur Hiller	9:30 Stretch Band Range Exercise 10:00 History of Radio City Music Hall 11: 00 World Geography Group Exploration 1:30 Halloween Costume Prade 2:30 October Birthday Celebration 3:15 Funny Spooky Sorties 4:15 Afternoon Reflection 6:15 Film :Death on the Nile	Disclaimer: Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you