

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
 <p><b>HELLO JANUARY 2026</b> The Haven Calendar of Events Cluster Group A&amp;B</p>	<p><b>Disclaimer:</b> Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you.</p>	<p><b>THE CLIFFS</b> EAGLE ROCK</p>		<p>1 9:00 AM Greeting 9:30 Flex &amp; Stretch 10:15 Hydration &amp; Refreshments 11- Reading and Conversation 1:30 Craft Corner 2:30 New Years Day Social 3:30 Smooth Jazz &amp; Hand Massage 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>2 9:00 Jazz Hands 10:15 Hydration &amp; Refreshments 11:15 Daily Doses of Nostalgia 1:30 Messiah - A Sacred Oratorio Handel - conducted by Sir Colin Davis and Hand Massage 2:30 Hydration &amp; Refreshments 3:30 Live Music Al with Jay Daniels 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>3 9:00 Morning Greeting 9:30 Bend &amp; Stretch /Sensory Circle 10:15 Hydration &amp; Refreshments 11:15 Bell -along Karaoke 1:30 André Rieu live in Malta &amp; Massage 2:30 Birthday Party "Bob" 3:30 Mix &amp; Match 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>
<p>4 9:00 Meet &amp; Greet 9:30 Tambourine and Hymn Sing 10:15 Hydration &amp; Refreshments 11-Balloon Tennis 1:30 Hymns &amp; Hand Massage 2:30 Cookies &amp; Tea followed Adult Coloring Studio (Activities Room) 3:30 Sunday Worship Service—Global Harvest , West Orange 6:15-7:30 Hydration and Personal Care</p>	<p>5 9:00 Morning Greetings 9:30 Kickball Game 10:15 Hydration &amp; Refreshments 11- Bell a-long Sing - along or/ Resident Council Meeting Al 1:30 Big Band Music &amp; Hand Massage 2:30 Hydration &amp; Refreshments 2:30 Hydration &amp; Refreshments 3:30 Picture Look Back 1950's 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>6 9:00 Tuesday Cheer 9:30 Haven Bowling 10:15 Hydration &amp; Refreshments 11:15 Name Game 1:30 Ella Fitzgerald &amp; Hand Massage 2:30 Hydration &amp; Refreshments 3:30 I Smell Memories 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>7 9:00 Happy Hands Exercise 9:30 Parachute Games 10:15 Hydration &amp; Refreshments 11:15 Jazzy Karaoke Party 1:30 Spa &amp; Relaxation Music &amp; Nail Care 2:30 Hydration &amp; Refreshments followed by Puzzles (Activities Room) 3:45 Afternoon Stretch 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>8 9:00 AM Greeting 9:30 Flex &amp; Stretch 10:15 Hydration &amp; Refreshments 11- Reading and Conversation 1:30 Craft Corner 2:30 Hydration &amp; Refreshments 3:30 Smooth Jazz &amp; Hand Massage 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>9 9:00 Jazz Hands 10:15 Hydration &amp; Refreshments 11:15 Daily Doses of Nostalgia 1:30 Brahms - Piano Concerto No. 1 and Hand Massage 2:30 Hydration &amp; Refreshments 3:30 Live Music Al with Jay Daniels 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>10 Pet therapy visits 9:00 Morning Greeting 9:30 Bend &amp; Stretch /Sensory Circle 10:15 Hydration &amp; Refreshments 11:15 Bell -along Karaoke 1:30 André Rieu live in Bahrain&amp; Massage 2:30 Hydration &amp; Refreshments 3:30 Mix &amp; Match 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>
<p>11 9:00 Meet &amp; Greet 9:30 Tambourine and Hymn Sing 10:15 Hydration &amp; Refreshments 11-Balloon Tennis 1:30 Hymns &amp; Hand Massage 2:30 Cookies &amp; Tea followed Adult Coloring Studio (Activities Room) 3:30 Sunday Worship Service—Global Harvest , West Orange 6:15-7:30 Hydration and Personal Care</p>	<p>12 9:00 Morning Greetings 9:30 Kickball Game 10:15 Hydration &amp; Refreshments 11- Bell a-long Sing - along 1:30 Big Band Music &amp; Hand Massage 2:30 Hydration &amp; Refreshments 3:30 Picture Look Back 1960's 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>13 9:00 Tuesday Cheer 9:30 Haven Bowling 10:15 Hydration &amp; Refreshments 11:15 Name Game 1:30 Doris Day &amp; Hand Massage 2:30 Hydration &amp; Refreshments 3:30 I Smell Memories 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>14 9:00 Happy Hands Exercise 9:30 Parachute Games 10:15 Hydration &amp; Refreshments 11:15 Jazzy Karaoke Party 1:30 Spa &amp; Relaxation Music &amp; Nail Care 2:30 Hydration &amp; Refreshments followed by Puzzles (Activities Room) 3:45 Afternoon Stretch 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>15 9:00 AM Greeting 9:30 Flex &amp; Stretch 10:15 Hydration &amp; Refreshments 11- Reading and Conversation 1:30 Craft Corner 2:30 Hydration &amp; Refreshments 3:30 Smooth Jazz &amp; Hand Massage 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>16 9:00 Jazz Hands 10:15 Hydration &amp; Refreshments 11:15 Daily Doses of Nostalgia 1:30 Debussy and Mahler - La Jolla Symphony and Chorus Hand Massage 2 Hydration &amp; Refreshments 2:30 Live Entertainment with Everything Good 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>17 9:00 Morning Greeting 9:30 Bend &amp; Stretch /Sensory Circle 10:15 Hydration &amp; Refreshments 11:15 Bell -along Karaoke 1:30 André Rieu - Live in Bahrain 2025 &amp; Massage 2:30 Hydration &amp; Refreshments 3:30 Mix &amp; Match 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>
<p>18 9:00 Meet &amp; Greet 9:30 Tambourine and Hymn Sing 10:15 Hydration &amp; Refreshments 11-Balloon Tennis 1:30 Hymns &amp; Hand Massage 2:30 Cookies &amp; Tea followed Adult Coloring Studio (Activities Room) 3:30 Sunday Worship Service—Global Harvest , West Orange 6:15-7:30 Hydration and Personal Care</p>	<p>19 9:00 Morning Greetings 9:30 Kickball Game 10:15 Hydration &amp; Refreshments 11- Bell a-long Sing - along 1:30 Big Band Music &amp; Hand Massage 2:30 Hydration &amp; Refreshments 3:30 Picture Look Back 1970's 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>20 9:00 Tuesday Cheer 9:30 Haven Bowling 10:15 Hydration &amp; Refreshments 11:15 Name Game 1:30 Dolly Parton &amp; Hand Massage 2:30 Hydration &amp; Refreshments 3:30 I Smell Memories 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>21 9:00 Happy Hands Exercise 9:30 Parachute Games 10:15 Hydration &amp; Refreshments 11:15 Jazzy Karaoke Party 1:30 Spa &amp; Relaxation Music &amp; Nail Care 2:30 Hydration &amp; Refreshments followed by Puzzles (Activities Room) 3:45 Afternoon Stretch 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>22 9:00 AM Greeting 9:30 Flex &amp; Stretch 10:15 Hydration &amp; Refreshments 11- Reading and Conversation 1:30 Craft Corner 2:30 Hydration &amp; Refreshments 3:30 Smooth Jazz &amp; Hand Massage 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>23 9:00 Jazz Hands 10:15 Hydration &amp; Refreshments 11:15 Daily Doses of Nostalgia 1:30 Recomposed by Max Richter: Vivaldi's Four Seasons and Hand Massage 2:30 Hydration &amp; Refreshments 3:15 Bean Bag Toss 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>24 9:00 Morning Greeting 9:30 Bend &amp; Stretch /Sensory Circle 10:15 Hydration &amp; Refreshments 11:15 Bell -along Karaoke 1:30 Andrea Bocelli - A Night of Movie Magic &amp; Massage 2:30 Birthday Party (Margaret) 3:30 Mix &amp; Match 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>
<p>25 9:00 Meet &amp; Greet 9:30 Tambourine and Hymn Sing 10:15 Hydration &amp; Refreshments 11-Balloon Tennis 1:30 Hymns &amp; Hand Massage 2:30 Cookies &amp; Tea followed Adult Coloring Studio (Activities Room) 3:30 Sunday Worship Service—Global Harvest , West Orange 6:15-7:30 Hydration and Personal Care</p>	<p>26 9:00 Morning Greetings 9:30 Kickball Game 10:15 Hydration &amp; Refreshments 11- Bell a-long Sing - along 1:30 Big Band Music &amp; Hand Massage 2:30 Hydration &amp; Refreshments 3:30 Picture Look Back 1980's 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>27 9:00 Tuesday Cheer 9:30 Haven Bowling 10:15 Hydration &amp; Refreshments 11:15 Name Game 1:30 Judy Garland&amp; Hand Massage 1:30 Spa &amp; Relaxation Music &amp; Nail Care 2:30 Hydration &amp; Refreshments followed by Puzzles (Activities Room) 3:30 I Smell Memories 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>28 9:00 Happy Hands Exercise 9:30 Parachute Games 10:15 Hydration &amp; Refreshments 11:15 Jazzy Karaoke Party 1:30 Spa &amp; Relaxation Music &amp; Nail Care 2:30 Hydration &amp; Refreshments followed by Puzzles (Activities Room) 3:45 Afternoon Stretch 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>29 9:00 AM Greeting 9:30 Flex &amp; Stretch 10:15 Hydration &amp; Refreshments 11- Reading and Conversation 1:30 Craft Corner 2:30 Hydration &amp; Refreshments 3:30 Smooth Jazz &amp; Hand Massage 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>30 9:00 Jazz Hands 10:15 Hydration &amp; Refreshments 11:15 Daily Doses of Nostalgia 1:30 Classical Music Purcell: Dido and Aeneas Hand Massage 2:30 Hydration &amp; Refreshments 3:15 Sensory Circle 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>	<p>31 9:00 Morning Greeting 9:30 Bend &amp; Stretch /Sensory Circle 10:15 Hydration &amp; Refreshments 11:15 Bell -along Karaoke 1:30 Celtic Woman Concert &amp; Massage 2:30 Hydration &amp; Refreshments 3:30 Mix &amp; Match 4:30 Spa Treatment 5:30 "Enjoying a warm hug in a cup" &amp; Having a Chat 6:15-7:30 Hydration and Personal Care</p>

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 <p><b>HELLO JANUARY 2026</b> The Haven Calendar of Events Cluster Group C&amp;D</p>	<p><b>Disclaimer:</b> Activities on the calendar and locations are subject to change. While every effort is made to run programs as scheduled, unforeseen events and inclement weather may necessitate calendar modifications and postponement/ and cancellation of trips. Thank you</p>	 <p><b>THE CLIFFS</b> EAGLE ROCK</p>				
4 9:30 Hydration & Refreshments 10:15 Hymns and Hand Massage 11- Picture Book Reminisce 1:30 - 2:30 Rest & Relaxation 2:30 Hydration & Refreshments 3:45 Classical Music with Starry Star 6:15-7:30 Hydration and Personal Care	5 9:30 Hydration & Refreshments 10:15 Sensory lap blanket 11- Happy Hands Exercise 1:30- 2:30 Rest & Relaxation 2:30 Hydration & Refreshments 3:30 Music Therapy Session 6:15-7:30 Hydration and Personal Care	6 9:30 Hydration & Refreshments 10:15 Range of Motion 11- Music Memories 1:30 - 2:30 Rest & Relaxation 2:30 Sensory Program: Music & Hand Massage with Healthy Snack 6:15-7:30 Hydration and Personal Care	7 9:30 Hydration & Refreshments 10:15 Sorting by Baskets 11- I hear Memories 1:30- 2:30 Rest & Relaxation 2:30 Hydration & Refreshments 3:30 Music Therapy 6:15-7:30 Hydration and Personal Care	8 9:30 Hydration & Refreshments 10:15 Manicures & Aromatherapy 11- Table Games 1:30 - 2:30 Rest & Relaxation 2:30 Hydration & Refreshments 3:30 Classical Music with Starry Star 6:15-7:30 Hydration and Personal Care	9 9:30 Hydration & Refreshments 10:15 Range of Motion 11- I See Memories 1:30 - 2:30 Rest & Relaxation 2:30 Sensory Program: Music & Hand Massage with Healthy Snack 6:15-7:30 Hydration and Personal Care	10 9:30 Hydration & Refreshment 10:15 Sorting by Baskets 11- Music Memories 1:30 - 2:30 Rest & Refreshments 2:30 Hydration & Refreshments 3:30 Sorting by Color 6:15-7:30 Hydration and Personal Care
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