SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9- MEET & GREET 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11:15 RIBBON AEROBICS 1:30 ADULT COLORING 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 CIRCLE OF FRIENDS MUSIC THERAPY 6:15-7:30 HYDRATION AND PERSONAL CARE	2 9- SUNSHINE GREETING 9:30 RHYMES AND SAYING 10:15 MORNING REFRESHMENTS 11:15 HAVEN BOWLING 1:30 SORTING & FOLD 2:30 SPA & RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 MANICURES TUESDAY 4:15 CLASSICAL PIANO MUSIC 6:15-7:30 HYDRATION AND PERSONAL CARE	3 9 HAPPY DISCO DANCE GREETING 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11- KICKBALL GAMES 1:30 SENSORY CIRCLE 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 PICTURE DISCOVERY -ANIMALS &NATURE 6:15-7:30 HYDRATION AND PERSONAL CARE	4 9- TAMBOURINE DANCE 9:30 FACES & PLACES 10:15 A.M REFRESHMENTS 11 BALLOON TENNIS 1:30 CRAFT—PAINT CHRISTMAS GNOMES 2:30 AFTERNOON REFRESHMENTS 3:20 HOLIDAY SING ALONG 4-ANDRÉ RIEU LIVE IN DUBLIN 5:15 –6:15 HAND MASSAGE 6:15-7:30 HYDRATION AND PERSONAL CARE	9:30 CREATIVE COLORING 10:15 A.M REFRESHMENTS 11- BEND & STRETCH 1:45 THE 12 DAYS OF CHRISTMAS COOKIE MAKING 2:30 AFTERNOON REFRESHMENTS 3:30 Live Music with Jay Daniels AL 3:45 HAND MASSAGE & PICTURE REMINISCE	6 9- MORNING GREETING HOLIDAY CHEER 9:30 BALLOON TENNIS 10:15 A.M REFRESHMENTS 11- 25 WELL KNOWN FACES 1:45 THE SINGING NUN /& MANICURES 2:30 AFTERNOON REFRESHMENTS 3:30 SORTING BASKETS / & TABLE TENNIS 4:15 BALLET STRETCH 6:15-7:30 HYDRATION AND PERSONAL CARE
7 9- MORNING HYMN SING 9:30 MEDITATION STRETCH 10:15 REFRESHMENTS 11 CIRCLE SENSORY GAMES 1:30 BIBLE READING 2 PM A CHRISTMAS CAROLER WITH RENAE & FRIENDS 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 ADULT COLORING & MIRACLE ON 34TH STREET 6:15-7:30 HYDRATION AND PERSONAL CARE	8 9- MEET & GREET 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11:15 RIBBON AEROBICS 1:30 ADULT COLORING 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 CIRCLE OF FRIENDS MUSIC THERAPY 6:15-7:30 HYDRATION AND PERSONAL CARE	9 9- SUNSHINE GREETING 9:30 RHYMES AND SAYING 10:15 MORNING REFRESHMENTS 11:15 HAVEN BOWLING 1:30 SORTING & FOLD 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 MANICURES TUESDAY 4:15 CLASSICAL PIANO MUSIC 6:15-7:30 HYDRATION AND PERSONAL CARE	10 9 HAPPY DISCO DANCE GREETING 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11- KICKBALL GAMES 1:30 SENSORY CIRCLE 2:30 SPA BRELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 PICTURE DISCOVERY -ANIMALS &NATURE 6:15-7:30 HYDRATION AND PERSONAL CARE	11 9- TAMBOURINE DANCE 9:30 PICTURE REMINISCE 10:15 A.M REFRESHMENTS 11- BEND & STRETCH 1:30 WATERCOLOR CLASS 2:30 AFTERNOON REFRESHMENTS 3:20 HOLIDAY SING ALONG 4-ANDRÉ RIEU LIVE IN MALTA 5:15 -6:15 HAND MASSAGE 6:15-7:30 HYDRATION AND PERSONAL CARE	11– BEND & STRETCH 1:45 THE 12 DAYS OF CHRISTMAS COOKIE MAKING 2:45 FIND THE CLUE 3:45 HAND MASSAGE & PICTURE REMINISCE	13 9- MORNING GREETING HOLIDAY CHEER 9:30 BALLOON TENNIS 10:15 A.M REFRESHMENTS 11- 25 WELL KNOWN FACES 1:45 ANNIE GET YOUR GUN /8 MANICURES 2:30 AFTERNOON REFRESHMENTS 3:30 SORTING BASKETS / 8 TABLE TENNIS 4:15 BALLET STRETCH 6:15-7:30 HYDRATION AND PERSONAL CARE
14 SUNDOWN-HANUKKAH 9- MORNING HYMN SING 9:30 MEDITATION STRETCH 10:15 REFRESHMENTS 11 CIRCLE SENSORY GAMES 1:30 BIBLE READING 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 ADULT COLORING & MRS. SANTA CLAUS 6:15-7:30 HYDRATION AND PERSONAL CARE	15 9- MEET & GREET 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11:15 RIBBON AEROBICS 1:30 ADULT COLORING 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 CIRCLE OF FRIENDS MUSIC THERAPY 6:15-7:30 HYDRATION AND PERSONAL CARE	16 9- SUNSHINE GREETING 9:30 RHYMES AND SAYING 10:15 MORNING REFRESHMENTS 11:15 HAVEN BOWLING 1:30 SORTING & FOLD 2:30 SPA & RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 MANICURES TUESDAY 4:15 CLASSICAL PIANO MUSIC 6:15-7:30 HYDRATION AND PERSONAL CARE	17 9 HAPPY DISCO DANCE GREETING 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11- KICKBALL GAMES 1:30 SENSORY CIRCLE 2:30 SPA BRELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 PICTURE DISCOVERY -ANIMALS ENATURE 6:15-7:30 HYDRATION AND PERSONAL CARE	18 9- TAMBOURINE DANCE 9:30 PICTURE REMINISCE 10:15 A.M REFRESHMENTS 11- PARACHUTE 1:30 CRAFT CORNER -MAKE A SNOW GLOBE 2:30 AFTERNOON REFRESHMENTS 3:20 HOLIDAY SING ALONG 4-ANDRÉ RIEU LIVE IN BAHRAIN 5:15 -6:15 HAND MASSAGE 6:15-7:30 HYDRATION AND PERSONAL CARE	9 -GOOD MORNING SONG ALONG 9:30 CREATIVE COLORING 10:15 A.M REFRESHMENTS 11- BEND & STRETCH 1:45 THE 12 DAYS OF CHRISTMAS COOKIE MAKING 2:45 FIND THE CLUE 3:45 HAND MASSAGE & PICTURE REMINISCE	20 9- MORNING GREETING HOLIDAY CHEER 9:30 BALLOON TENNIS 10:15 A.M REFRESHMENTS 11- 25 WELL KNOWN FACES 1:45 GUYS AND DOLLS /& MANICURES 2:30 AFTERNOON REFRESHMENTS 3:30 SORTING BASKETS / & TABLE TENNIS 4:15 BALLET STRETCH 6:15-7:30 HYDRATION AND PERSONAL CARE
9- MORNING HYMN SING 9-30 MEDITATION STRETCH 10:15 REFRESHMENTS 11 CIRCLE SENSORY GAMES 1:30 BIBLE READING 2 PM CLASSICAL MUSIC RECITAL 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 ADULT COLORING & THE NUTCRACKER 6:15-7:30 HYDRATION AND PERSONAL CARE	9- MEET & GREET 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11:15 RIBBON AEROBICS 1:30 ADULT COLORING 2:30 Live Music with Everything Good AL 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 CIRCLE OF FRIENDS MUSIC THERAPY 6:15-7:30 HYDRATION AND PERSONAL CARE	23 9- SUNSHINE GREETING 9:30 RHYMES AND SAYING 10:15 MORNING REFRESHMENTS 11:15 HAVEN BOWLING 1:30 SORTING & FOLD 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 MANICURES TUESDAY 4:15 CLASSICAL PIANO MUSIC 6:15-7:30 HYDRATION AND PERSONAL CARE	24 CHRISTMAS EVE 9 -HAPPY DISCO DANCE GREETING 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11- KICKBALL GAMES 1:30 SENSORY CIRCLE 2PM CHRISTMAS EVE COMMUNION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 PICTURE DISCOVERY -ANIMALS &NATURE 6:15-7:30 HYDRATION AND PERSONAL CARE		26 KWANZAA 9 -GOOD MORNING SONG ALONG 9:30 CREATIVE COLORING 10:15 A.M REFRESHMENTS 11- BEND & STRETCH 1:45 THE 12 DAYS OF CHRISTMAS COOKIE MAKING 2:45 FIND THE CLUE 3:45 HAND MASSAGE & PICTURE REMINISCE 6:15-7:30 HYDRATION AND PERSONAL CARE	27 9- MORNING GREETING HOLIDAY CHEER 9:30 BALLOON TENNIS 10:15 A.M REFRESHMENTS 11- 25 WELL KNOWN FACES 1:45 CHITTY CHITTY BANG BANG /8 MANICURES 2:30 AFTERNOON REFRESHMENTS 3:30 SORTING BASKETS / & TABLE TENNIS 4:15 BALLET STRETCH 6:15-7:30 HYDRATION AND PERSONAL CARE
28 9- MORNING HYMN SING 9:30 MEDITATION STRETCH 10:15 REFRESHMENTS 11 CIRCLE SENSORY GAMES 1:30 BIBLE READING 2:30 SPA BRELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 ADULT COLORING & ALL I WANT FOR CHRISTMAS 6:15-7:30 HYDRATION AND PERSONAL CARE	29 9- MEET & GREET 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11:15 RIBBON AEROBICS 1:30 ADULT COLORING 2:30 SPA & RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 CIRCLE OF FRIENDS MUSIC THERAPY 6:15-7:30 HYDRATION AND PERSONAL CARE	30 9- SUNSHINE GREETING 9:30 RHYMES AND SAYING 10:15 MORNING REFRESHMENTS 11:15 HAVEN BOWLING 1:30 SORTING & FOLD 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 MANICURES TUESDAY 4:15 CLASSICAL PIANO MUSIC 6:15-7:30 HYDRATION AND PERSONAL CARE	31 NEW YEAR'S EVE 9 -HAPPY DISCO DANCE GREETING 9:30 BELL ALONG HOLIDAY KARAOKE PARTY 10:15 MORNING REFRESHMENTS 11- KICKBALL GAMES 1:30 SENSORY CIRCLE 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 PICTURE DISCOVERY -ANIMALS &NATURE 6:15-7:30 HYDRATION AND PERSONAL CARE	DECEME 2025	THE CLIFFS  The Haven  Calendars of Even  Cluster Group A	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9- MUSIC MEMORIES 10- REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 RANGE OF MOTION 4- MUSIC AND AROMATHERAPY	2 9- PICTURES REMINISCE 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY BASKETS 4-SENSORY BLANKET TIME	3 9- MANICURES / HOLIDAY MUSIC 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 BLOCK PUZZLE STACKING 4-MUSIC AND AROMATHERAPY	9- BABY FACES & PIANO CLASSICS 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY COLOR 4-SENSORY BLANKET TIME	5 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 SENSORY TABLE 3:30 PICTURES REMINISCE 4- BALLOON TOSS	6 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 PICTURES REMINISCE 4- MUSIC AND AROMATHERAPY
9:30 PRAISE & WORSHIP 10:30 MORNING SNACK & REMINISCE 11:00 COLOR THERAPY 1:30 RANGE OF MOTION 2:30 REFRESHMENTS 3:30 MUSIC & MASSAGE 4:00 SENSORY BLANKET TIME	8 9- MUSIC MEMORIES 10-REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 RANGE OF MOTION 4- MUSIC AND AROMATHERAPY	9 9- PICTURES REMINISCE 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY BASKETS 4-SENSORY BLANKET TIME	10 9- MANICURES / HOLIDAY MUSIC 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 BLOCK PUZZLE STACKING 4-MUSIC AND AROMATHERAPY	11 9-BABY FACES & PIANO CLASSICS 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY COLOR 4-SENSORY BLANKET TIME	12 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 SENSORY TABLE 3:30 PICTURES REMINISCE 4- BALLOON TOSS	13 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 PICTURES REMINISCE 4- MUSIC AND AROMATHERAPY
14 SUNDOWN-HANUKKAH 9:30 PRAISE & WORSHIP 10:30 MORNING SNACK & REMINISCE 11:00 COLOR THERAPY 1:30 RANGE OF MOTION 2:30 REFRESHMENTS 3:30 MUSIC & MASSAGE 4:00 SENSORY BLANKET TIME	9- MUSIC MEMORIES 10-REFRESHMENTS & HYDRATION 2:30 SPA & RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 RANGE OF MOTION 4- MUSIC AND AROMATHERAPY	16 9- PICTURES REMINISCE 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY BASKETS 4-SENSORY BLANKET TIME	17 9- MANICURES / HOLIDAY MUSIC 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 BLOCK PUZZLE STACKING H-MUSIC AND AROMATHERAPY	WITH HEALTHY SNACK 3:30 SORTING BY COLOR	19 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 SENSORY TABLE 3:30 PICTURES REMINISCE 4- BALLOON TOSS	20 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 PICTURES REMINISCE 4- MUSIC AND AROMATHERAPY
21 9:30 PRAISE & WORSHIP 10:30 MORNING SNACK & REMINISCE 11:00 COLOR THERAPY 1:30 RANGE OF MOTION 2:30 REFRESHMENTS 3:30 MUSIC & MASSAGE 4:00 SENSORY BLANKET TIME	9- MUSIC MEMORIES 10-REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 RANGE OF MOTION 4- MUSIC AND AROMATHERAPY	23 9- PICTURES REMINISCE 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY BASKETS 4-SENSORY BLANKET TIME	24 CHRISTMAS EVE 9- MANICURES / HOLIDAY MUSIC 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 BLOCK PUZZLE STACKING 4-MUSIC AND AROMATHERAPY	9- BABY FACES & PIANO CLASSICS 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK	26 KWANZAA 9- SPA BRELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 SENSORY TABLE 3:30 PICTURES REMINISCE 4- BALLOON TOSS	27 9- SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 2:30 AFTERNOON REFRESHMENT 3:30 PICTURES REMINISCE 4- MUSIC AND AROMATHERAPY
9:30 PRAISE & WORSHIP 10:30 MORNING SNACK & REMINISCE 11:00 COLOR THERAPY 1:30 RANGE OF MOTION 2:30 REFRESHMENTS 3:30 MUSIC & MASSAGE 4:00 SENSORY BLANKET TIME	29 9- MUSIC MEMORIES 10- REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 RANGE OF MOTION 4- MUSIC AND AROMATHERAPY	30 9- PICTURES REMINISCE 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 SORTING BY BASKETS 4-SENSORY BLANKET TIME	31 NEW YEAR'S EVE 9- MANICURES / HOLIDAY MUSIC 10:15 REFRESHMENTS & HYDRATION 2:30 SPA &RELAXATION PROGRAM: MUSIC & HAND MASSAGE WITH HEALTHY SNACK 3:30 BLOCK PUZZLE STACKING 4-MUSIC AND AROMATHERAPY		The Haven endars of Even ster Group C&	